President's Message

I hope that all of you have had a happy and blessed Christmas.

At this time of year it is a custom for many of us to make resolutions for the coming year. I have a couple of suggestions for what those resolutions could be that would entail making a further commitment to our profession. Although the suggestions are not new, I hope that you will seriously consider them.

One suggestion is to attend at least one District 3 member meeting in the coming year. How great it would be to have a district meeting and have the room filled to capacity with members!

Another suggestion is to resolve to run for an office in District 3 for the 2004—2005 year. I would love to give the Nominating Committee a list of members who have contacted me and said they would run for an office. I am sure the Nominating Committee would be ecstatic as well.

One last suggestion is for each of you to recruit a nurse friend to join our district. In fact, you could bring that friend to our first meeting Thursday, February 19, 2004.

I am looking forward to the New Year and seeing each of you at our first meeting. I would like to wish all of you a healthy, happy and prosperous New Year.

Stella
TNA District 3 appreciates the need to support all levels of professional nursing students. It is our belief that a scholarship can make a positive impact in the life of a student nurse, whether they are an ADN, BSN, or a graduate student. This year we will continue to give scholarships in the amount of $500. An application is attached to this newsletter and an application can be found on-line at http://www.tna3.org. The deadline for mailing a completed application is March 12, 2004.

Our thanks to each of you, who purchased raffle tickets and/or gifts for the Winter Holiday Open House. Your contributions make it possible for TNA District 3 to give scholarships to worthy students.

Bonnie Higgins
President-elect

GAC / Practice Committee

There will be a committee meeting at 5:30 pm on Thursday, February 19th before the district meeting at 6:00 pm. We need to discuss candidate interviews that we may need to do. We also need to discuss any practice issues that need to be addressed, and reported to the state GAC committee. Everyone interested is welcome to attend.

GAC/Practice Committee meeting
Time: 5:30 pm
Place: JPS Viola Pitts Clinic
on Bryant Irvin Road

See you there.
Fran Martin
Nancy Kupper

Scholarship Committee

The Annual Fall Issues Forum featuring Clair B. Jordan, Executive Director of Texas Nurses Association, was held on Thursday, November 20, 2003 at the Texas Health Resources Pavilion in Arlington. There were 186 Nurses and Student Nurses in attendance to hear Ms. Jordan speak. Her presentation focused on the topic, “Nurses: No Power Shortage”. As always, Ms. Jordan presented a wealth of information as she addressed the current nursing shortage, and plans to implement programs which will aid the inexperienced nurse to excel in the nursing profession. These plans include assisting hospitals to create a more nurse friendly environment. Ms. Jordan announced that Texas has received funding to test various hospital environments, including rural hospitals, and evaluate patient outcomes. She also announced that Texas has been sited as a leader in providing funds for nursing schools. Beginning in January 2004, Texas Nurses Association will begin the six month process of redesigning nursing education and the role of the nursing professional.

TNA-3 wishes to thank Texas Health Resources for their hospitality in providing the meeting place and refreshments for the Fall Issues Forum.

If you would like to read more about Ms. Jordan’s presentation, please check the “Fall Issues Forum Minutes” which are posted on our website, www.tna3.org.
Texas Nurses Association, District 3 is very grateful to each of the organizations who sponsor our monthly meetings. We would like to extend our gratitude to:

John Peter Smith Health Network for hosting our membership meetings.

Harris Methodist, Fort Worth for providing our Continuing Education credits.

And each of our Continuing Education Program Sponsors

Arlington Memorial Hospital
Cook Children’s Medical Center
Harris Methodist, Fort Worth
Harris Methodist, HEB
Harris Methodist, Southwest Medical Center of Arlington
North Hills Hospital
Walls Regional Hospital
Winter Holiday Open House

District Three hosted its eleventh annual Winter Holiday Open House at the home of Kiran Sharma on Sunday, December 7th. As always, Kiran did an outstanding job of preparing a delicious gourmet snack and dessert buffet, which was enjoyed by all. District Three raised a total of $987.00 from the raffle ticket sales. All of these proceeds will benefit the 2003-2004 scholarship fund. Stella Kohn, President, drew the winning tickets for the raffle items. We had a wide variety of raffle items this year, including dining and shopping gift certificates, a family fitness center membership, gift baskets, books, art work and other gift items.

TNA-3 would like to extend our gratitude to each person who made a contribution to the Winter Holiday Open House. We would like to thank Kiran Sharma for opening her lovely home and welcoming us with such warm hospitality. We would like to thank Advanced Art, Aetna Glass, Blue Mesa Grill, Deck the Walls-Hulen, Dillard’s Department Store-Ridgemar, Harris Fitness Center-HEB, Spring Creek Barbeque, Women’s Auxiliary of Harris Methodist-HEB, Cathy Baldwin, Carolyn Cagle, Pam Frable, Bonnie Higgins, Stella Kohn, Fern Kyba, and Suzy Lockwood for contributing gift items for the raffle. TNA-3 would also like to thank each of you, who purchased or sold raffle tickets. Thank you for your dedication to the future of nursing.

Legal Liability: Mock Peer Review

When: Thursday, April 22, 2004

Where: E.H. Hereford University Center, UTA Campus

Mark your calendars now! You won’t want to miss this.

TNA-3 is Co-Providing this workshop with The University of Texas at Arlington and the American Association of Legal Nurse Consultants, Fort Worth Chapter

APPROXIMATELY 6.3 Contact Hours
District 3 Welcomes our New Members

Laura J. Birch
Mary A. Bush
Stephanie C. Mayo-Banda
Irma G. Ray
Melissa M. Sherrod
Kimberly S. Walls

We're glad you're here. We look forward to visiting with you at meetings and events. Please let us know if we can do anything to help you meet your fellow members and get involved.

Nominating Committee

Nominations for 2004 – 2005 TNA-3 Officers are now being accepted by the Nominating Committee.

TNA-3 is seeking nominations for the following positions: President-Elect, Vice President, Director (3 positions), District Secretary, and Nominating Committee (5 positions).

All nominations must be submitted to the Nominations Committee prior to January 8, 2004. If you are interested in making a nomination or being nominated for the Board of Directors contact the Nominating Committee at SusieH@baylorhealth.edu or tna3@mindspring.com or by phone at 817-249-5071. The "Consent to Serve" form and the "Biographical Information" form can be downloaded at www.tna3.org.

Please mail all original nomination forms to Texas Nurses Association, District Three, PO Box 16958, Fort Worth, TX 76162. A copy of the form may be emailed to tna3@mindspring.com or faxed to 817-249-5071.

Thank you,
Susie Hood
Nominations Committee, Chair

House of Delegates Election Results

The HOD Teller Committee met on Wednesday, November 12, 2003 to count the House of Delegates election ballots. There were 106 ballots received from membership. It was a very close race between all candidates. The election results are as follows:

**Delegates**
- Sandi McDermott
- Cindy Plonien
- Josie O'Quinn

**Alternate Delegate**
- Susie Hood

Newsletter Postings—Any member wishing to submit information to be published in the District 3 News should contact Renee James at 817-249-5071 or by e-mail at tna3@mindspring.com by the 25th day of the month prior to publication.
Mark Your Calendar!

January -- No District Membership Meeting

January 15th & 16th, 2004 — The National Nursing Staff Development Organization, (NNSDO) is sponsoring a Certification Preparation Course for Nursing Staff Development.

   Time:  8:30 AM to 4:30 PM
   Location:  Harris Methodist Hospital Fort Worth, Robb Rutledge Education Center
   701 5th Avenue, Fort Worth, TX 76104
   Registration deadline is January 5, 2004. Contact Shawn Tindell at 817-355-7871 or shawnntindell@texashealth.org for fees, brochure, and other information.

Friday, January 16, 2004—“A SEARCH FOR THE 2004 GREAT 100 NURSES”— Deadline Any individual, client/patient, or group may nominate a Registered Nurse whose place of employment is within the Texas Nurses Association, Districts 3 and 4 Regions. If you wish to make a nomination, please contact the TNA-3 office at 817-249-5071 or tna3@mindspring.com. Nomination Forms may also be downloaded from our website www.tna3.org. All must be postmarked on or before January 16th -- No Fax Transmittals will be accepted.

Thursday, February 19, 2004 –

5:30 PM—GAC/Practice Meeting at Viola Pitts/Como JPS Health Network Community Center.
6:00 PM—“Promoting, Protecting & Supporting Normal Birth through Education, Advocacy & Evidence-Based Care” presented by Jeannette Crenshaw, MSN, RN, IBCLC, LCCE and Debby Amis, BSN, RN, CD (DONA), LCCE at the Viola Pitts/Como JPS Health Network Community Center; 4701 Bryant Irvin Road, Fort Worth. Please contact the TNA-3 office at 817-249-5071 or tna3@mindspring.com for directions or additional information.

THE UNIVERSITY OF TEXAS AT ARLINGTON
Continuing Education Offerings
For More Information: 817-272-2778 or jjenkins@uta.edu

Independent Study

Hepatitis C Home Study
The University of Texas at Arlington
This home study is designed to educate the RN about Hepatitis C, to include pathophysiology, symptoms, diagnosis, and treatment. This meets the Texas Board of Nurse Examiners requirement for continuing nursing education on Hepatitis C. The cost of the course is $20.
2 Contact Hours

Jan. 2-9, 2004
Mexico: Travel, Study, Learn
UTA and the Center for Hispanic Studies in Nursing and Health Cuernavaca, Mexico
This program is designed to educate the health professional in Spanish language skills and learn about Mexican culture and health firsthand.
For more information call 817-272-5376 or e-mail barr@uta.edu.
40 Contact Hours

Jan. 6-9, 2004 Physical Assessment of the Adult by the RN
The University of Texas at Arlington
This course is designed to build on the RN’s knowledge and skills in physical assessment.
24 Contact Hours

Jan. 14, 2004
Learning Strategies for Teaching Television Generation Learners
The University of Texas at Arlington
E.H. Hereford University Center, UTA
This all-day presentation will provide educators with new innovative teaching strategies. The course is instructor is Michele Deck, RN, M.Ed, LCCE, FACCE.
7.8 Contact Hours
Promoting, Protecting & Supporting Normal Birth through Education, Advocacy & Evidence-Based Care

Presented by:

Jeannette Crenshaw, MSN, RN, IBCLC, LCCE
Family Education Coordinator
Presbyterian Hospital of Dallas
Vice President, Lamaze International

Debby Amis, BSN, RN, CD (DONA), LCCE
Author, Prepared Childbirth the Family Way
Plano, Texas
Education Council Chair, Lamaze International

There are several factors which can have a significant impact on the normal delivery of a baby. Jeannette Crenshaw and Debby Amis will identify strategies, adapted from the World Health Organization, for promoting normal childbirth. The Participants will discuss care practices along with evidence supporting these strategies. This will be an extremely informative meeting. You won’t want to miss this presentation!

Date: Thursday, February 19, 2004
Time: 6:00 PM – Sign In & Networking
       6:30 PM – CE Program begins
Place: Viola Pitts/Como JPS Health
       Network Community Center,
       4701 Bryant Irvin Rd, Fort Worth.

Free Parking available at any place on the parking lot. Enter though the south door, nearest to the lower parking lot. Please contact TNA-3 office (817-249-5071) or tna3@mindspring.com for more information or directions.

All nurses and nursing students welcome!
Membership is not required.

1.5 Type 1 Contact Hours: Harris Methodist Fort Worth is approved as a provider of continuing education in nursing by the Texas Nurses Association which is accredited as an approver of the continuing education in nursing by the American Nurses Credentialing Center Commission on Accreditation. This approval meets Type 1 criteria for mandatory continuing education requirements towards relicensure as established by the Board of Nurse Examiners for the State of Texas.