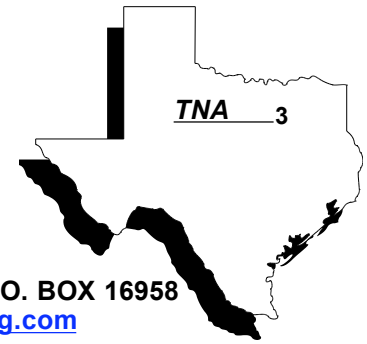


DISTRICT 3 NEWS

PARKER * SOMERVELL * TARRANT

PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION * P.O. BOX 16958
Fort Worth, TX 76162 * 817-249-5071 * tna3@mindspring.com



September / October 2004

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tna3@mindspring.com

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Executive Secretary

Renee James
Office: 817-249-5071
tna3@mindspring.com

President's Message

The leadership of TNA-3 is diligently working on your behalf! Members in each county are valued and it is our sincerest wish to be inclusive of all members. Because our membership includes seven counties, we will be offering a **membership meeting in Fort Worth, on September 23 *and* another in Weatherford, on the 30th of September.** After polling members from the surrounding counties, Weatherford was found to be the most requested meeting site outside of Tarrant County.

These first meetings will include a report from the House of Delegates, a synopsis of the September TNA Leadership Conference, information from various standing committees including Governmental Affairs, and other pertinent district and state information. Remember guests are always welcome to our membership meetings and free continuing education hours will be offered for both meetings. Details are included later in the newsletter.

As you know, during the 2003 Legislative Session, House Bill 1483 was passed amending the Nurse Practice Act with the addition of section 301.305. This section requires that a two hour bioterrorism component be included in the 20 hours of CE required for all nurses. It is our intent to offer this required content in October and again in the spring. There will be a small fee for this seminar with a discount for members (more details inside).

We are delighted to continue the tradition of having an annual presentation from Clair Jordan. This will be on November 18th, at the Texas Health Resources Pavilion in Arlington. TNA-4 will co-sponsor this meeting.

Kiran Sharma has graciously opened her home for our annual Holiday Gala. This year it will be scheduled on a Saturday afternoon, December 4th, rather than a Sunday. One thing we know for sure - Kiran always provides wonderful refreshments! More details to come!

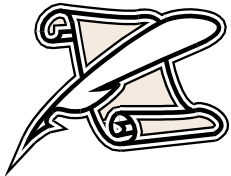
TNA-3 will be offering "RN pins" for purchase. These pens are nice gifts and provide another way for the patient/client to know which healthcare worker *is* the RN. The pens will be for sale at all of our district functions.

Michaela Stary, the winner of our membership scholarship, attended our first board meeting. Her input from a new graduate's perspective was insightful and helped the board make an informed decision concerning senior students. Thank-you Michaela!

Working with the district board, I am impressed with the diversity of experience that is brought to the table. The board is but a small reflection of the membership and I am honored to be a part of such a noble group. A page in the newsletter is being set aside so that you might know a little more about the professional side of *your* leadership.

The best way for your leadership to know/meet you is to see you at one of the September meetings. Hope to see you there!

Bonnie Higgins



Update from TNA's Governmental Affairs Committee

Bonnie has invited me, as one of your District GAC Co-chairs, to write a column for the monthly District 3 Newsletter. This will be my inaugural effort. Your feedback will enable me to revise my comments to include information that is most helpful and interesting to you. Please feel free to provide me with any comments by way of my EMAIL address at Cook Children's Health Care System which is margied@cookchildrens.org.

The first update I want to provide is one that shows what nursing can do when it marshals its collective "grass roots" efforts. Yesterday, Monday, August 23, 2004 marked the initiation of the new Fair Labor Standards Act passed during this session of Congress. The principle change made was in the area of overtime pay. Were you aware how close Nursing came to being included in this legislation? Can you imagine the impact that no overtime could have had on the already critical nursing shortage? Did you contact your national legislator? Well, as luck would have it for you if you did not, American Nurses Association was "Johnny on the spot" on this particular piece of legislation, and successfully defeated the inclusion of Nurses' exemption from overtime pay. The only nursing category which is included would be any hourly paid nursing supervisor who would no longer be eligible for overtime. ANA is also monitoring two separate nursing staffing bills. One is similar to the staffing rules which were passed in California. The other is more like the staffing rules TNA worked the Texas Department of Health, Texas Hospital Association and other stake holders to pass. And nurses ask "what has Nursing done for me lately?" No need to wonder anymore.....

At the state level, Governmental Affairs Committee which I am privileged to co-chair with Teresa Ohler from Houston, we are charged with setting the legislative agenda for each state legislative session. We review, discuss and make recommendations to the Board of Directors of Texas Nurses Association which decides policy and direction for all state nurses.

We initiated discussions with the members of the Nursing Legislative Agenda Coalition in April of this year to begin the process of identifying potential topics, concerns and revisions which were important to the participating members and nursing as a whole. The NLAC is comprised of some 15-20 nursing organizations including two LVN associations which work to collaboratively support a common legislative agenda.

We will be meeting the weekend of August 28, 2004 with the NLAC members to refine and finalize the legislative agenda for the 2005 Legislative Session. After consensus is reached in the Coalition, the member organizations will take the recommended Legislative Agenda back to their respective nursing organizations for buy in, support or approval. Then the work really starts!

A few, though not complete list of some of the potential legislative items which may become part of the NLAC's platform could be changes to the Peer Review rules in the Nursing Practice Act. Concern remains unabated that our Peer Review Process continues to be seen as punitive in nature and not nurse friendly in the procedural consistency from one agency / hospital to another.

We will probably see additional legislation regarding Nurse First Assistants and the requisite competencies for this important OR role. Patient safety in other hospital areas will also continue to be discussed with possible additional legislative action as well. In fact, TNA is in the process of establishing a Patient Safety Task Force to insure Nursing's participation in any suggested changes to better protect patients from nursing practice errors, medication errors or other system preventable errors.

Remember, of course that our Board of Nursing has just been combined not quite a year yet, so there is sure to be additional changes to the Nursing Practice Act as it relates to the combined practice oversight of LVN's and RN's

Of course TNA will again be sponsoring a Nurse's Day at the Capital in the spring of 2005. This is one of the best examples of the Profession in action as well as a super differentiator between practice organizations and our professional organization!

Have I got you fired up? I hope so! We need YOU to come to Dist. 3 GAC meetings and help Sandy McDermott and me know what professional nursing issues you want to bring to the discussion table. Sandy and I are the Dist. 3 Co-chairs and we are eager to enlist your participation! Watch the District 3 Newsletter for meeting details..... See you there!

Margie Dorman-O'Donnell RN, MSN
Co-Chair, District 3 GAC
Co-Chair GAC, Texas Nurses Association

Meet the Board

"One professional year in the life of three board members"



Bonnie Higgins, RN, Ed.D

- Professor of Med-Surg at Tarrant County College
- President -Nurse Reviewer (data collection from nursing facilities for state research)
- Nurse Examiner - Nurse Aides
- Instructor for Kaplan NCLEX Review Course
- DFW Hospital Council - Nursing Workforce Collaborative
- Redesign of Nursing Education Taskforce (TNA)
- Advisory Council on Education to the BNE
- Academy of Medical-Surgical Nurses
- TNA House of Delegates
- Red Hat Society (fun)



Sandi McDermott, RN, BSN
Director 2004-2006

- Clinical Manager 6 Jonsson Orthopaedic Rehabilitation Unit
- Baylor Institute for Rehabilitation
- Nurse Expert Witness, Chamblee & Ryan, Dallas, Texas
- TNA House of Delegates
- Peer Reviewer, *American Journal of Nursing*
- Dallas Orthopaedic Nurses, Inc.
- Master's Degree Student, Nursing Administration, University of Texas at Arlington
- Bachelor of Arts Psychology (in previous life)



Susie Hood, BSN, RN, CNRN
Director 2004-2006

- Director Of Emergency Services at Baylor All Saints Medical Center
- Program Manager/Clinical Educator, Educational Services Baylor All Saints Medical Center (through March 2004)
- TNA House of Delegates 2002-2004
- Chair AHA Community Stroke Team
- TexAS (Texas Advocates for Stroke) statewide task force
- AANN (American Association of Neuroscience Nurses)
- Emergency Nurse Association
- American Association of Critical Care Nurses
- ACLS Instructor, BLS Instructor
- Certified Neuroscience Registered Nurse
- Budding scrapbooker and a Texas Music junkie (fun)

Pain Management

A large percent of a nurse's time is spent assisting a patient who is in pain. On the website www.stoppain.org you will find that "The U.S. Drug Enforcement Administration (DEA) and a panel of specialists in pain and addiction medicine have released [*Prescription Pain Medications: Frequently Asked Questions and Answers for Health Care Professionals and Law Enforcement Personnel \(.pdf\)*](#). This document, which is intended for clinicians, law enforcement, and regulators, responds to the need for education in the appropriate use of controlled prescription drugs. The goal is to support a balanced approach, which protects the legitimate medical use of these essential drugs while encouraging actions that prevent abuse, addiction, and diversion.... "

Texas Nurses Association, Districts Three and Four
Invite you to attend this year's

Annual Fall Issues Forum
Thursday, November 18, 2004
Texas Health Resources Pavilion
601 Ryan Plaza, Arlington, TX 76011

Reception 6:00 PM
Program 7:00 PM

"Culture of Safety: Nurses & Patient"

Speaker: Clair B Jordan, MSN, RN
Executive Director, Texas Nurses Association

Reception and Meeting Facility sponsored by
Texas Health Resources

Free parking is available at facility
For information or directions, please call 817-249-5071

Texas R.N. Pins

On Sale Now

TNA-3 is now selling a Texas Registered Nurse pin designed by the Ways & Means Committee. **Every RN** can wear this pin with pride. These pins will be available at all TNA-3 events and they may be purchased by mail, using the order form below.

Size: 7/8" Texas Shaped Pin

Color: Two tone gold.



Description: RN & outside edge raised & polished with sandblasted background.

Cost: \$8.00 each

**Please return this order form with your payment to:
TNA-3, PO Box 16958, Fort Worth, TX 76162**

Enclosed is \$ _____ for _____ Texas RN Pin(s).

Name: _____ Daytime Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Thank You, Sponsors

Texas Nurses Association, District Three is very grateful to each of the organizations who sponsor our district meetings. We would like to extend our gratitude to each of the organizations that will be hosting our meetings this year.

**JPS Health Network
Campbell Health System
Texas Health Resources**

We would also like to extend our appreciation to **Harris Methodist Fort Worth** for providing our Continuing Education Credits, and to our Program Sponsor:

Harris Methodist Southwest

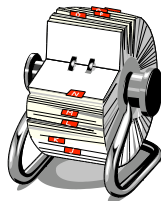
Information Update

Have you moved? Changed your name?
Changed your e-mail address?

Please contact the District 3 office, and let us know about your changes. We would like to update your information to ensure that you receive your newsletter and the latest information about TNA-3.

Texas Nurses Association, District 3
P.O. Box 16958
Fort Worth, TX 76162

Phone: 817-249-5071
Fax: 817-249-5071
Email: tna3@mindspring.com



Don't forget to check the website, for the latest TNA-3 information.

www.tna3.org

The following items can now be found on the website:

- * TNA-3 Meeting Flyers
- * 2005 Great 100 Nurses Nomination Form
- * Calendar of Events
- * TNA-3 Photo Gallery
- * Texas RN Pin Order Form
- * Bioterrorism Workshop Registration Form



District Three Welcomes our New Members

Alu Bata

Thelma A. Brown

Tina M. DeSanto

Dianne Elliott

Patricia Flynn-Moro

Christie L. Gatewood

Joyce Hall

Charlene D. Jones

Deborah L. Mihal

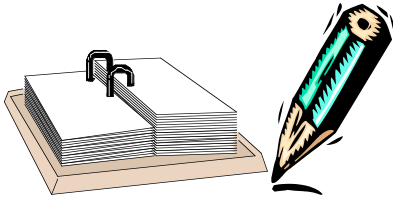
Nancy L. Reeder

Susan M. Short

Virginia A. Snyder

Lisa J. Webster

We're glad you're here. We look forward to visiting with you at meetings and events. Please let us know if we can do anything to help you meet your fellow members and get involved.



Mark Your Calendar!

September 16-17, 2004— 4th Annual TNA Leadership Conference—

Omni Southpark Hotel, Austin, TX

For information and registration go to: <http://www.texasnurses.org/buy/eventlist.htm>

Thursday, September 23, 2004—6:30PM—“Nursing Leadership Update” presented by the TNA-3 Board of Directors at the Viola Pitts/Como JPS Health Network Community Center; 4701 Bryant Irvin Road, Fort Worth. Please contact the TNA-3 office at 817-249-5071 or tna3@mindspring.com for directions or additional information.

Thursday, September 30, 2004—6:30PM—“Nursing Leadership Update”—Weatherford. This update is presented by the TNA-3 Board of Directors at the Campbell Health System; 713 E Anderson St; Weatherford, TX 76086 Please contact the TNA-3 office at 817-249-5071 or tna3@mindspring.com for directions or additional information.

Saturday, October 16, 2004—9:30AM to 11:30AM—Bioterrorism Workshop

This Bioterrorism Workshop meets the current Board of Nurse Examiners requirements for relicensure. This workshop will be presented by Lou Kelley Brewer, RN, MPH, Director of Public Health, with the Tarrant County Public Health Department.

Location: Harris Methodist Fort Worth Education Center Auditorium
710 5th Ave; Fort Worth, TX 76104

Time: 9:00am—Registration
9:30am—Workshop Begins

Registration Fee: Non-member \$25.00

TNA Member \$20.00

Student \$10.00

Contact Hours Pending

Saturday, October 23, 2004—TNA Fall Forum

Red Lion Hotel, Austin Texas

For more information contact Collene Lewis at clewis@texasnurses.org

Thursday, November 18, 2004--6:00PM – Annual Fall Issues Forum

Culture of Safety: Nurses & Patient presented by: Clair Jordan, MSN, RN at the Texas Health Resources Pavilion, Classrooms B & C, 601 Ryan Plaza, Arlington, Texas 76011. Please contact the TNA-3 office at 817-249-5071 or tna3@mindspring.com for directions or additional information.

THE UNIVERSITY OF TEXAS AT ARLINGTON

Continuing Education Offerings

For More Information: 817-272-2778 or jjenkins@uta.edu

January 4-7, 2005

Physical Assessment of the Adult by the RN

Faculty: Dolores Clark, MSN, RN, GNP, PNP

Pickard Hall, UTA School of Nursing

24 Contact Hours

A SEARCH FOR THE 2005 GREAT 100 NURSES

“DO YOU KNOW A REGISTERED NURSE WHO HAS MADE A DIFFERENCE?”

On May 11, 2005, the “Great 100 Nurses Celebration” will be held to honor one hundred **Registered Nurses** who have made a significant difference to the profession of nursing and in the lives of patients, peers, and the community-at-large.

Any individual, client/patient, or group may nominate a Registered Nurse whose place of employment is within the Texas Nurses Association, Districts 3 and 4 Regions. To nominate a Registered Nurse, you must:

1. Complete the attached Demographic Data Form. Identify yourself and the Registered Nurse nominee on the Demographic Data Form **only**.
2. Attach a one page letter of recommendation which provides supportive documentation about your nominee. Resumes and curriculum vitae will **not** be accepted. **Letters must be submitted on 8 _ x 11 paper, no letterhead, and on-sided printing. Letters which do not conform to these criteria will be disqualified.** The nomination letter should not include the nominee’s name or specific identification about the Registered Nurse (e.g., place of employment). The letter of recommendation must address each of the following categories:
 - **ROLE MODEL**
 - **LEADERSHIP QUALITIES**
 - **SERVICE TO THE COMMUNITY**
 - **COMPASSIONATE CAREGIVER**
 - **SIGNIFICANT CONTRIBUTIONS**

3. Nomination documents **will not** be accepted by fax transmission
Return all documents postmarked no later than January 14, 2005 to:
THE GREAT 100 NURSES CELEBRATION
POST OFFICE BOX 35503
DALLAS, TEXAS 75235

ADDITIONAL INFORMATION

- Previous Great 100 Nurse recipients are ineligible.
- Duplicate the Demographic Data Form as needed.
- Nomination letters will be reviewed by a panel of judges who will not have access to the demographic data.
- Questions concerning the nomination process and the Great 100 Nurses Celebration may be directed to Jan Coder at 214/590-8001 or Pat Pollock at 800/221-8559.

This program is sponsored by joint effort of the Texas Nurses Association, Districts 3 and 4, and the Dallas-Fort Worth Nurse Executives

The Deadline For Nominations Postmarked Receipt is: January 14, 2005. There will be no exceptions. Fax Transmittals WILL NOT be accepted.

**GREAT 100 NURSES CELEBRATION
DEMOGRAPHIC DATA FORM**

This form must be submitted with a **one page letter of recommendation** for the Registered Nurse nominee. **Letters must be submitted on 8-1/2 X 11 paper, no letterhead, and one-side printing. No exceptions. Letters which do not conform to this criteria will be disqualified. Please complete the following information.**

Nominee: _____

Title: _____

Place of Employment: _____

Home Address: _____

City: _____ County: _____ State: _____ Zip: _____ RN License # _____

Nominee's Primary Occupational Role (Mark [X] one category only)

Administration/Management/Leadership: Specify Setting: _____

Community Health (Occupational Health, Home Health/Hospice, School, Clinic, or Physician's Office Nursing)

Advanced Practice Nurse (Consultant, Practitioner, CRNA, CMW, Clinical Specialist)

Clinical

Educator (Acute Care, Community/Agency, Higher Education, Clinic)

Other (Retired, Entrepreneur: Specify Role: _____)

Nominator: _____

Title: _____

Place of Employment: _____

Home Address: _____

City: _____ County: _____ State: _____ Zip: _____

Telephone: (H) Area Code: () - _____ (W) Area Code: () - _____

The Deadline For Nominations Postmarked Receipt is: January 14, 2005. There will be no exceptions.
Fax Transmittals WILL NOT be accepted.

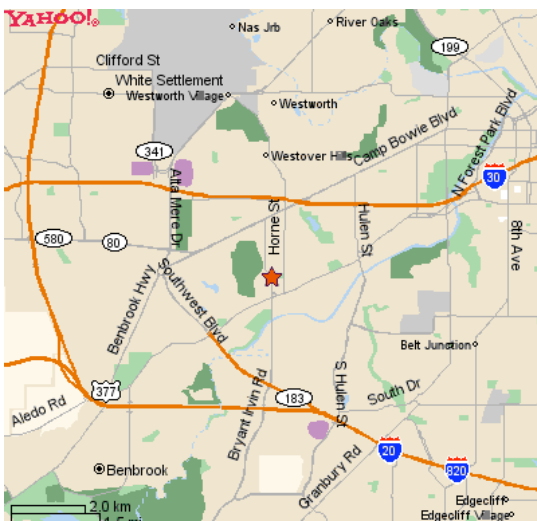
Nursing Leadership Update

Come join Texas Nurses Association, District 3
for this informative meeting.

Various topics, affecting YOU, as a nurse in Texas, will be addressed.
Some of the items on the agenda include:

- Meet the TNA-3 Board of Directors
- Legislative Update
- House of Delegates Report
- Committee Reports
- General TNA Business

ALL nurses & nursing students are welcome! Membership not required.
You won't want to miss this TNA-3 Meeting.



Date: Thursday, September 23, 2004

**Time: 6:00 PM – Sign In & Networking
6:30 PM – CE Program begins**

**Place: Viola Pitts/Como JPS Health
Network Community Center,
4701 Bryant Irvin Rd N,
Fort Worth, TX 76107**

Free Parking available at any place on the parking lot. Enter through the *south door*, nearest to the lower parking lot. Please contact TNA-3 office (817-249-5071) or tna3@mindspring.com for more information or directions.

This activity provides 1.2 Type I contact hours: Harris Methodist Fort Worth is approved as a provider of continuing education in nursing by the Texas Nurses Association which is accredited as an approver of the continuing education in nursing by the American Nurses Credentialing Center Commission on Accreditation. This approval meets Type 1 criteria for mandatory continuing education requirements towards relicensure as established by the Board of Nurse Examiners for the State of Texas.

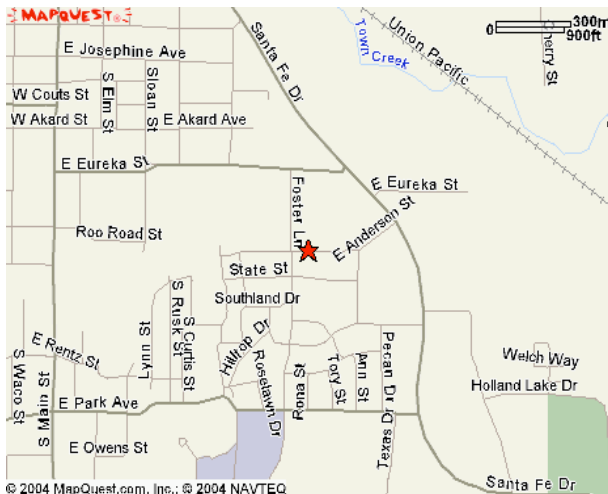
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- Legislative Update
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- Committee Reports
- General TNA Business

ALL nurses & nursing students are welcome! Membership not required.
You won't want to miss this TNA-3 Meeting.



Date: Thursday, September 30, 2004

Time: 6:00 PM – Sign In & Networking
6:30 PM – CE Program begins

Place: Campbell Health System
713 E Anderson St
Weatherford, TX 76086

The meeting will be held in the Education Center, near the cafeteria. Enter the hospital through the main entrance and follow the signs. Free parking is available any place on the parking lot. Please contact TNA-3 office at 817-249-5071 or tna3@mindspring.com for more information or directions.

This activity provides 1.2 Type I contact hours: Harris Methodist Fort Worth is approved as a provider of continuing education in nursing by the Texas Nurses Association which is accredited as an approver of the continuing education in nursing by the American Nurses Credentialing Center Commission on Accreditation. This approval meets Type 1 criteria for mandatory continuing education requirements towards relicensure as established by the Board of Nurse Examiners for the State of Texas.

Bioterrorism Workshop

Sponsored by Texas Nurses Association, District Three

Presented by:

Lou Kelley Brewer, RN, MPH

Director of Public Health

Tarrant County Public Health Department

Lou Kelley Brewer has over 25 years of Public Health experience at the state and local level. She began her career as a public health nurse, served as a state consultant, taught at two schools of public health. Ms. Brewer is a member of the Texas Public Health Training Center Advisory Council. She received her emergency Responder Nuclear, Biological and Chemical Certification in 1999 from the U.S. National Disaster Preparedness Program.

Date: Saturday, October 16, 2004

**Time: 9:00 AM – Registration
9:30 AM – Bioterrorism Program begins**

**Place: Harris Methodist Fort Worth
Education Center Auditorium
710 5th Ave
Fort Worth, TX 76104**

This workshop meets the current Board of Nurse Examiners requirements for relicensure.

Registration Fee:

\$25.00 Non-member

\$20.00 TNA Member

\$10.00 Student

Contact Hours Will Be Awarded: Harris Methodist Fort Worth is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity meets Type 1 criteria for mandatory continuing education requirements towards relicensure as established by the Board of Nurse Examiners for the State of Texas.

