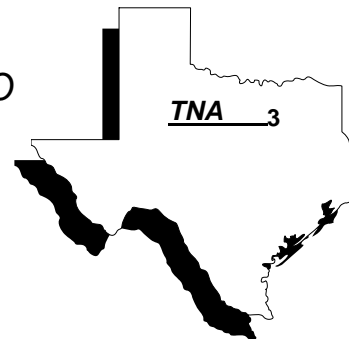


ERATH * HOOD * JOHNSON * PALO PINTO

DISTRICT 3 NEWS

PARKER * SOMERVELL * TARRANT



PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION * P.O. BOX 16958
Fort Worth, TX 76162 * 817-249-5071 * tna3@usapathway.com
Website: <http://www.tna3.org>

May 2006

President's Message

Spring always brings with it a whirlwind of activities; school begins winding down, there are graduations, proms, weddings, Mothers Day, and Memorial Day to celebrate. TNA District 3 is no different. We had another Bioterrorism workshop with about 40 in attendance which was very good for a Thursday night. Now as we move into May we celebrate Nurses Week beginning May 6-12 in our various work venues culminating with the Annual Dinner on Thursday, May 18, 2006. The Annual Dinner offers the nurses of the district an opportunity to celebrate their chosen profession. There is always good food, fun with hopes of winning the 50/50 raffle, fellowship with colleagues and especially the opportunity to celebrate those chosen as Great 100 Nurses in the district. Congratulations to each of you and we hope to be able to celebrate with you at our Annual Dinner.

The Annual Dinner does not mean that the business of the district ends. It only signals that it is time to plan for a new year to begin in September. We will be incorporating our new officers and directors as we make plans for 2006-2007. There will be lots of opportunities for our membership to join in activities and also be actively involved in projects. We are looking forward to the 100th Birthday of Texas Nurses Association in February of 2007 and hope that many of you will join in the activities that will surround this event.

2007 is also a legislative year and will be filled with changes that will impact our practice. I would encourage each member to familiarize themselves with the practice issues that will be decided on as part of this legislative session. This will include changes to the Board of Nurse Examiners. Some of the issues we will be looking at will focus on will be the number of hours worked by nurses, demonstrating ongoing competency for jobs held, and doctorates of nursing for advanced practice nurses, to name just a few. Take time to visit the TNA web site www.texasnurses.org for more information on these issues. Each member can, and should have input into these issues. That is your right as a member. Exercise that right!

As I close this message, I would once again like to encourage each nurse in our district to think seriously about membership in TNA. Even if you cannot attend the meetings each time, I would like to reinforce that you should support our profession by supporting the organization that oversees the issues that impact our practice of that profession. Your membership allows TNA the ability to keep you informed as well as to work with the lawmakers that are behind the bills that impact how we practice. If we as nurses do not stand together for the profession of nursing, then someone else will define our practice for us. Encourage your nurse friends and colleagues to join TNA today to have a voice that is heard.

I look forward to working with the Board of Directors of TNA District 3 for another year and helping to further the profession of Nursing in this district. Have a wonderful and restful summer and make plans to join us.

Sharon Ransom
President

District Three Board Members 2005-2006

President

Sharon Ransom
tna3@usapathway.com

Vice President thru 2006

Mary Alice Stam

Secretary thru 2006

Suzu Lockwood-Rayermann

Treasurer thru 2007

Stephanie Eckstein

Directors thru May 2006

Sandi McDermott
Susie Hood
Kiran Sharma
Bonnie Higgins

Directors thru May 2007

Marinda Allender
Melissa Sherrod

Executive Secretary

Renee James
Office: 817-249-5071
tna3@usapathway.com



Texas Nurses Association. District Three
is very grateful to each of the organizations
who sponsor our monthly meetings. We
would like to extend our gratitude to:

Cook Children's Medical Center
for hosting our meetings & workshops

Harris Methodist Fort Worth
for providing the Continuing Education Credits.

...And each of our
Continuing Education Program Sponsors:

Cook Children's Medical Center

Harris Methodist Fort Worth

Harris Methodist Southwest

Harris Methodist Walls Regional Hospital

Huguley Hospital

Medical Center of Arlington

North Hills Hospital

Plaza Medical Center of Fort Worth



Member In the Spotlight

Suzanne Wice Goldstein, RN, BSN, MHSM, CLNC has served her profession and her community in a variety of roles throughout the past 30 years. Suzanne received her Bachelor of Science Degree in Nursing at Bradley University, Peoria, Illinois; her Masters Degree in Health Services Management at the University of Mary Hardin-Baylor, Belton,

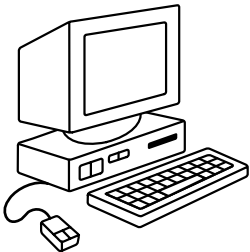


Texas; and her certification in Legal Nurse Consulting from the Vicki Milazzo Institute, Houston, Texas. Her career began as a staff nurse on a Pediatric Surgery Floor of Children's Medical Memorial Hospital in Chicago; and she is currently teaching the nurses of tomorrow.

As an instructor at Texas Christian University's Harris School of Nursing, Suzanne is part of the team teaching Nursing Fundamentals to first semester nursing students. She also manages open practice sessions in the skills lab. During these labs, Suzanne is committed to instilling her own work ethic, which is to work hard, smile, treat others with kindness, and do for one another as you would like them to do for you. It does make a difference!

Suzanne continues her nursing influence in the volunteer arena, also. Through her involvement in the local Fort Worth Chapter of Hadassah, she successfully supervised the writing of two grants received from the Susan G. Komen Foundation for a Breast Cancer Education in the Fort Worth area high schools. On the Greater Southwest Region level of

Hadassah, she is currently Women's Health Coordinator. As a member of the Texas Nurses Association, District 3 for over 15 years, she has served our district as a scholarship reviewer, and most recently, by serving on our Scholarship Task Force. In her leisure time, Suzanne especially loves to cook, do needlework, travel, and practices Bikram yoga, and daily meditation.



Don't forget to check the website, for the latest TNA-3 information.

www.tna3.org

The following items can now be found on the website:

- * Calendar of Events
- * TNA Membership Application
- * Annual Dinner Registration Form
- * Texas RN Pin Order Form
- * TNA-3 Photo Gallery

Texas R.N. Pins

On Sale Now

TNA-3 is now selling a Texas Registered Nurse pin designed by the Ways & Means Committee. **Every RN** can wear this pin with pride. These pins will be available at all TNA-3 events and they may be purchased by mail, using the order form below.

Size: 7/8" Texas Shaped Pin

Color: Two tone gold.



Description: RN & outside edge raised & polished with sandblasted background.

Cost: \$8.00 each

**Please return this order form with your payment to:
TNA-3, PO Box 16958, Fort Worth, TX 76162**

Enclosed is \$ _____ for _____ Texas RN Pin(s).

Name: _____ Daytime Phone: _____

Address: _____

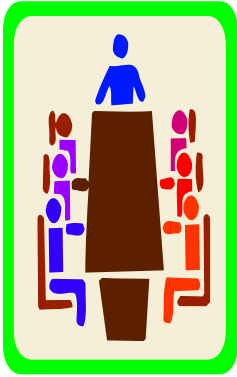
City: _____ State: _____ Zip: _____

Passing the Lamp And May it Shine Brightly

Nursing is still the greatest way to serve mankind and it is a privilege to serve those within this worthy profession. I appreciate the opportunity the membership gave me to serve as director, president, and nominating committee chair. As I complete my current years of formal leadership in TNA3, it is my privilege to present the future District 3 leaders.

My best to you,
Bonnie Higgins

2006-2007 Board of Directors



* = Newly elected

President—Sharon Ransom

President-Elect—*Sandi McDermott

Vice President—*Lygia Marchbank Dunsworth

Treasurer— Stephanie Eckstein

District Secretary-- *Suzy Lockwood

Directors thru May 2007

Marinda Allender
Melissa Sherrod

Directors thru May 2008

*Kerry Elisabeth Baucom
*Shelly Branigan-Olive
*Kiran Sharma

Nominating Committee

*Marinda Allender, Chair
*Carolyn Spence Cagle

*Sharon Ikeler
* Nancy Kupper

*Mary Alice Stam

Note: Because Sandi McDermott was elected president-elect, she will automatically be a delegate for TNA3 to the HOD in 2007. Therefore, the first alternate Tara Haskins, will become one of the **elected** delegates in 2007 as Sandi assumes her office.

TNA North Region 3rd Annual Golf Tournament for FUN(D)

The 3rd Annual North Region Golf Tournament for Fun(D) was held on Friday, March 31st at the Twin Lakes Golf Course in Canton. There were 14 teams participating in this year's event. Nineteen organizations sponsored holes, including eight sponsors from the district three area. Sponsors from district three include:

Cook Children's Medical Center;
Fern Kyba- Honorable Donna Howard, RN
Harris Methodist Fort Worth
Harris Methodist Walls Regional Hospital
Pulse Magazine
Texas Health Resources
TNA, District Three
University of Texas at Arlington
School of Nursing

Thanks to all of the support from our north region leadership, our members and our sponsors, this year's tournament has been the most successful by far.



50/50 Split Raffle

The Annual Awards Dinner is May 18th, and we will be having the **50/50 Split Raffle** again this year. The raffle prize will be equal to 50% of the total earnings from the sale of the raffle tickets. Therefore, the amount of the **CASH PRIZE** will depend upon the number of tickets sold. Raffle tickets may be purchased for \$10.00 each by contacting the TNA-3 office at 817-249-5071 or tna3@usapathway.com.

All proceeds from the raffle ticket Sales benefit the TNA-3 Scholarship Fund. Remember, TNA-3's success begins with you!

You do not need to be present at the Annual Awards Dinner to win.

House of Delegates 2006

It is always a pleasure to represent District 3 at the annual House of Delegates! I leave each meeting impressed with the leadership of TNA and with the passion of my colleagues to support a professional approach to nursing and health care issues. Based on those ideas, I am pleased to provide a summary of several resolutions accepted by the TNA HOD on April 22. Several resolutions acknowledged nurses who worked during the hurricane disasters of last fall, memorialized TNA members who have passed on, and the need to revitalize TNA in its 100th anniversary year (2007) to gain increased membership. Overall, however, two resolutions generated the most discussion. These included resolutions on further defining assessment of nurse competency following licensure and limiting the number of hours that nurses work. Specifics of these resolutions include the following:

1. **Competency validation for re-licensure for RNs** – a task force has been working for some time on both a philosophy and mechanisms to equitably evaluate a nurse's competency for continued practice. Due to consumers moving into the area of determining methods for assessing nursing competency, it is very important for nursing, as a profession, to produce a document that would allow nurses to make decisions in this area, not consumers. Although the TNA HOD supported a resolution for continued study and refinement of proposed mechanisms for assessing nursing competency, it seems that support already exists for RNs to take personal responsibility for maintaining application for competency. Other parts of the resolution support employer-based competency testing and free-standing competency centers. Changes in type I and II of continuing education units will most likely occur as well as part of redefining nursing competency.
2. **Limitation to the number of hours that nurses and nursing students can work or provide direct patient care:** This resolution stirred up much dialogue at the HOD! Based on an IOM study (*Keeping Patients Safe*), several evidence-based nursing publications, and a broad-based survey conducted by TNA this spring, support exists to limit the number of hours that nurses can provide direct patient care. Based on evidence that most nurses lose the cognitive ability to *safely* deliver patient care (and this has contributed to error rates affecting quality patient care), a resolution was accepted to limit a nurse to 16 hours of work in a 24 hour period and 60 hours in a 7-day period. The HOD also recognized 12 hours as the preferred number of hours that nurses work in a 24 hour period. Overall, the resolution also addressed the need to educate nurses and nursing students about the dangers of fatigue and working excessive hours due to their negative influence on critical thinking needed for safe patient care, something I did with sending this information to my colleagues and students at TCU.

This resolution affects all nurses despite their role. Much dialogue focused on the influence of limiting hours that nurses work – some nurses work several jobs and this resolution would affect these nurses' income and freedom to work in a variety of ways. Educators would be affected due to some schools using faculty to staff multiple sections of clinical each day to allow more students to move through curricula. This would allow more nurses to graduate in a certain time period and address the nursing shortage, but there may be issues of safety with this approach. The HOD recommended that all nursing programs study the resolution to determine ways of addressing student learning and safety with patients as well as reasonable workload for faculty. There is clearly a need for more dialogue among ALL nurses on this issue and for all TNA members to connect with their districts to present their ideas on this work hours issue as well as that focused on nurse competency.

All resolutions passed by this year's HOD will appear in *Texas Nursing*, so please make sure you look at these to get the edited resolutions following action of the House.

Before I finish, I need to tell you that District 3 also needs to be VERY proud – one of our own, Margie Dorman-O'Donnell, will be the Vice-President for TNA for the coming two years. Her competency in a variety of efforts over the years expressed both locally and at the state level, will allow TNA to maintain its valuable leadership on issues that will influence the future of nursing and that of patient care! Congratulations Margie!

Carolyn Spence Cagle PhD, RNC
Delegate



Texas Nurses Association
District Three
2006 Annual Awards Dinner

Honoring:
Scholarship Recipients
TNA-3 Award Recipients
Board of Directors
Great 100 Nurses from District Three

Please join us at the Texas Christian University Bass Living Room, as we celebrate the nurses of District Three.

Date: Thursday, May 18, 2006
Time: 6:00 PM
Place: Bass Living Room
Annie Richardson Bass Building, TCU
2800 W. Bowie, Corner of W. Bowie and Lubbock

Reservations are required by May12, 2006. Please call the TNA-3 office at 817-249-5071 for more information.

This years Annual Dinner is sponsored by Texas Christian University, Harris College of Nursing and Health Sciences

Please return this reservation form with your payment to **TNA-3, PO Box 16958, Fort Worth, TX 76162**

Enclosed is \$_____ for _____ dinners @ \$25.00 each for the 2006 Annual TNA-3 Awards Dinner. (Please make checks payable to TNA-3)

Name: _____ Address: _____

City: _____, TX Zip: _____ Daytime Phone: _____

Email Address: _____

Congratulations to the 2006 Great 100 Nurses!

Kathryn Abrahamson, Arlington Memorial Hospital
Kim Alexander, Harris Methodist Southwest
Jeffrey Scott Andrews, Sr; VA North Texas Health Care System
Catherine Back, Harris Methodist Northwest Hospital
Roxanne Baier, Children's Medical Center
Melody Ball, Harris Methodist Walls Regional Hospital
Ruth Borden, Parkland Health & Hospital System
Camilia D. Brandt, Cook Children's Healthcare System
Cari Brown, Parkland Health & Hospital System
Sheila Browning, Travis Middle School
Paulette Hamilton Burns, Texas Christian University
Leslie Renee Byrd, VITAS Hospice
Julia Campbell, Baylor Medical Center at Irving
Trey Caraway, Medical Center of Arlington
Carole Cassidy, Presbyterian Hospital of Plano
Mary Ceglia, Harris Methodist Erath County
Mae M. Centeno, Baylor University Medical Center
Michael Champion, The Park in Plano
Meredeth Drummond-Cox, JPS Health Network
Ana Cozma, Harris Methodist Fort Worth
Juanita Conkin Dale, Children's Medical Center
Brenda J. Daniels, Methodist Medical Center
Venita C. Dasch, Parkland Health & Hospital System
Sheila DePaola, Parkland Health & Hospital System
Kristin Duncan, Harris Methodist HEB
Charla Edwards, Parkland Health & Hospital System
Angela Fike, Baylor Medical Center at Grapevine
Rita Fowler, Baylor University Medical Center
Benjamin Fragano, Harris Methodist HEB
Annie F. Franklin, Parkland Health & Hospital System
Pamela K. Gervais, Harris Methodist HEB
Vicki Gettel, Presbyterian Hospital of Allen
Sue House Golden, Baylor University Medical Center
Anne Goodrich, JPS Health Network
Donna Grace, Baylor Medical Center at Grapevine
Maria Gutierrez, Presbyterian Hospital of Dallas
Kala Halliburton, Presbyterian Hospital of Plano
R. David Hambrick, Parkland Health & Hospital System
Doug Hawkins, Methodist Medical Center
Kelly Heathman, Parkland Health & Hospital System
Sandra M. Hebley, Golden Acres Campus
Kimberly Heinen, Parkland Health & Hospital System
Judy Herrington, Parkland Health & Hospital System
Judy Horton, Harris Methodist Fort Worth
Joey Howard, Zale Lipshy University Hospital
Toni Hoyt, Presbyterian Hospital of Dallas
Anne Janes, Harris Methodist Fort Worth
Joan Javeed, JPS Health Network
Patricia Jermyn, Harris Methodist HEB
Linda Jane Jimersen, Texas Health Resources
Carol Jones, Cook Children's Medical Center
Danny Keeney, Baylor Medical Center at Grapevine
Patricia Klinger, Cook Children's Medical Center
Marilynn Knight, Harris Methodist Erath County
Anita Kubin, Baylor University Medical Center
Becky Law, Harris Methodist Southwest
Ulondia Lee, North Hills Hospital
Roseanne McAdams, Presbyterian Hospital of Dallas
Stacy McKinney, Harris Methodist Walls Regional Hospital
Cathy McLaughlin, Medical Center of Plano
June Gayle Marshall, Children's Medical Center
Connie D. Means, VA North Texas Health Care System
Janice Medlock, Medical City Dallas Hospital
Joyce Melius, Southwestern Adventist University
Debbie Meyers, Arlington Memorial Hospital
Jacqueline "Jackie" Lall Michael, UTA School of Nursing
Lorella Deleon Miller, Plaza Medical Center
DeAnn Mitchell, Tarrant County College
Barbara Moody, Denton Regional Medical Center
Sue Moore, Harris Methodist Fort Worth
Barbara Muntz, Texas Health Resources
Margienetta Norris, Parkland Health & Hospital System
Mary Pack, Harris Methodist Erath County
Danelle Parker, Presbyterian Hospital of Plano
Margaret Heather Paterson, Children's Medical Center
Marilou Porth, Parkland Health & Hospital System
Nancy Quelland, Presbyterian Hospital of Dallas
Stephanie Rabbo, Trinity Medical Center
Emily A. Reece, Medical Center of Lewisville
Jessica Reis, Children's Medical Center
Colleen Ricketts, Harris Methodist Walls Regional Hospital
Sandy Robertson, Harris Methodist Walls Regional Hospital
Kathy Robinson, Medical Center of Lewisville
Donna Romenesko, JPS Health Network
Andrea Parsons Schram, UTA School of Nursing
Sharon Shannon, JPS Health Network
Marcia Shumate, Harris Methodist Northwest
Patricia Simpson, UTA School of Nursing
John Stricklin, Baylor Medical Center at Irving
Cynthia Turner, JPS Health Network
Stella Ude, VA North Texas Health Care System
Kathleen Vaden, Harris Methodist Walls Regional Hospital
Patricia Vasquez, Parkland Health & Hospital System
Teresa Willey, Parkland Health & Hospital System
Kim Williams, Medical Center of Plano
Jennifer Williams, Harris Methodist HEB Hospital
LaDawn Williams, North Hills Hospital
Nancy Roper Willson, UTA School of Nursing
Lorrie L. Wilson, Arlington Memorial Hospital
Michele Wilson, Medical Center of Plano

Information Update

Have you moved? Changed your name? Changed your e-mail address?

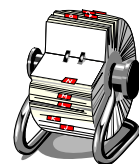
Please contact the District 3 office, and let us know about your changes. We would like to update your information to ensure that you receive your newsletter and the latest information about TNA-3.

Texas Nurses Association, District 3
P.O. Box 16958
Fort Worth, TX 76162

Phone: 817-249-5071

Fax: 817-249-5071

Email: tna3@usapathway.com



District Three Welcomes Our New Members

Heather M. Dowell

Denise H. Everett

Julie F. Fields

Anne Mattern

Antonia McKinney

Niki E. Oshiokpekhai

Mary Vinson

Gary Wallace

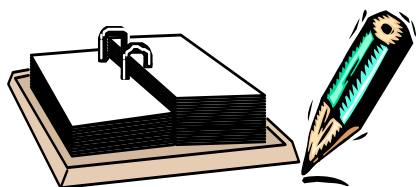
Heidi R. Warren

Lily Wong

We are glad you are here. We look forward to visiting with you at meetings and events.

Texas Peer Assistance Program for Nurses

TPAPN volunteers act as an advocate providing peer support for their nurse colleague. If you would like to volunteer or refer someone call 1/800-288-5528 (24-hour helpline) or 1/512-467-7027, fax 512/467-2620, or email www.tpapn.org. Additional information and forms can be downloaded at the following website:
<http://www.texasnurses.org/tpapn/index.htm>.



Mark Your Calendar!

May 6, 2006--Board of Directors Meeting
9:30 -11:30AM
Cook Children's Medical Center
Education Building Classroom B

May 6-12, 2006--Nurses Week

May 15, 2006--Great 100 Nurse Celebration
Morton H. Meyerson Symphony Center
2301 Flora, Dallas, Texas 75201
6:30pm to 7:30pm--Cocktail hour with cash bar
7:30pm to 8:30pm--Awards program
8:30pm to 10:00pm--Reception

May 18, 2006--Annual Dinner
Time: 6:00PM
Place: Bass Living Room
Annie Richardson Bass Building, TCU
2800 W. Bowie, Corner of W. Bowie & Lubbock
(See flyer for details)

June 3, 2006--Board of Directors Wrap-up Meeting
9:30 -11:30AM
Cook Children's Medical Center
Education Building Classroom B