

# DISTRICT 3 NEWS

PARKER \* SOMERVELL \* TARRANT

PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION \* P.O. BOX 16958  
Fort Worth, TX 76162 \* 817-249-5071 \* [tna3@usapathway.com](mailto:tna3@usapathway.com)  
District Website: <http://www.tna3.org> \* State Website: <http://www.texasnurses.org>

March / April 2009

## District Three Board Members 2008-2009

### President

**Sandi McDermott**

[tna3@usapathway.com](mailto:tna3@usapathway.com)

[sandi.mcdermott@hcahealthcare.com](mailto:sandi.mcdermott@hcahealthcare.com)

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**Lygia Dunsworth**

### Vice President

**Julie Withaeger**

### Secretary

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### Treasurer

**Stephanie Eckstein**

### Directors

**Dennis Cheek**

**David Eubanks**

**Sharon Ikeler**

**Suzy Lockwood-Rayermann**

**Mary Alice Stam**

### Executive Secretary

**Renee James**

Office: 817-249-5071

[tna3@usapathway.com](mailto:tna3@usapathway.com)

## President's Message

As I write this message I am enthusiastic about my upcoming trip to Austin to attend Nurse Day at the Capitol on March 2<sup>nd</sup>-3<sup>rd</sup>. Over 350 nurses will be in attendance from all over Texas and will be armed with information on the current pending legislation and are excited to meet with their legislators. It has been very helpful to Texas Nurses that we have two members of the current Senate/House in Donna Howard RN and Susan King RN. In addition to Senator Jane Nelson, these nurses are our advocates in the legislature.

Thank you for joining us for our recent CE Presentation on Thursday, February 19<sup>th</sup>. Cindy Zolnierok, RN, MSN, Director of Practice for TNA presented "**Flexing Your Strength: Using Nurse Advocacy Protections**". We had over 150 nurses and students at seven different sites via video conference. Isn't technology amazing? We are grateful to Texas Health and to HCA for utilizing their technology so that multiple sites could be available to metroplex nurses.

If you have not already done so, please consider attending and/or making a donation to the TNA North Region FUN-D Golf Tournament at Twin Lakes Golf Course in Canton, Texas, on **Friday April 3<sup>rd</sup>**. We are still in need of participants and of hole sponsorships. For more information please contact Pat Pollock at 214-282-7832.

Please plan to join us on **Saturday, April 4<sup>th</sup>** at Cook Children's Hospital in the Hochberger Auditorium from 9:00am-12:00pm for a Mock Trial Workshop. This offering will prove to be informative and will provide cutting edge information on jurisprudence. In addition, we will provide 3.0 CE hours. The cost is only \$45 for TNA members, \$60 for non-members, \$30 for Full-time graduate students, and \$15 for Undergraduate students; so you will not want to miss this!

As most of you know, the Great 100 Nurses have been chosen for 2009. We are so proud that there are 52 winners from District 3! Please join me in congratulating all the winners from District 3 and I hope you can join us for the celebration at the Morton Meyerson Symphony Center on **Sunday April 19<sup>th</sup>** at 6:30 pm. Lygia Dunsworth, our own President-Elect, has been selected for 2009 and we will be cheering her on along with all the other winners.

Please join us on **Thursday May 21<sup>st</sup>** at Texas Christian University Kelly Alumni Center for our Annual Banquet. The meal is always delicious while we honor our Great 100 winners and enjoy networking with friends and colleagues. Networking begins at 6:00 pm and dinner begins at 6:30 pm. We honor our Nurse of the Year, Rookie of the Year, and provide other awards and recognitions to those who have contributed to our successes in 2008/2009.

Finally, I hope you will check out our recently redesigned website at [www.tna3.org](http://www.tna3.org). Please give me your feedback at [sandi.mcdermott@hcahealthcare.com](mailto:sandi.mcdermott@hcahealthcare.com) or at 972-566-7187. Thanks to Mike Seifu, a member of TNA, we now present a fresh new look that is easier to navigate and is also relevant and current. We hope you like it and find it helpful.

I hope each of you will be able to take some time during Spring Break to refresh and renew for the upcoming months! We can serve our patients and each other better if we first take some time for ourselves.

*Don't let what you cannot do interfere with what you can do. ~ John Wooden*

Best regards,

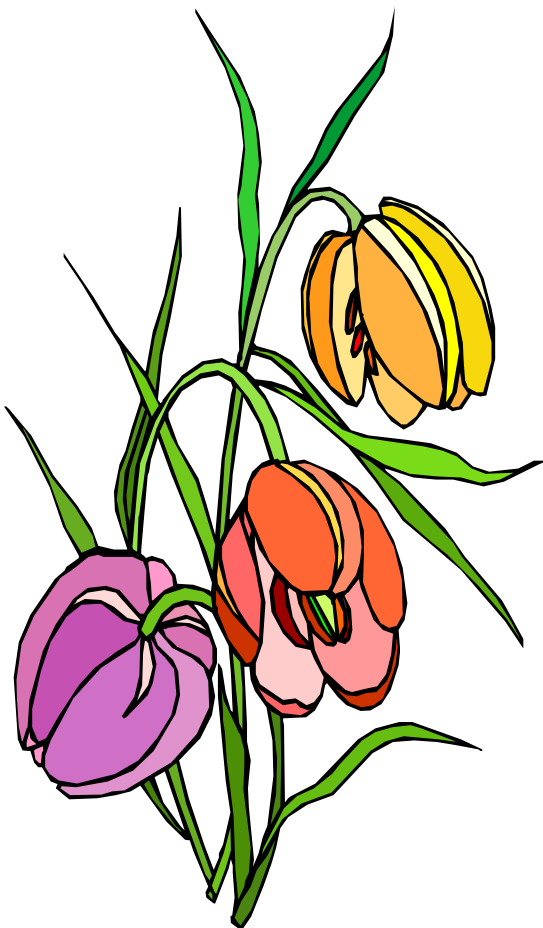
Sandi McDermott, RN, MSN, NEA-BC

# THANK YOU, SPONSORS

Texas Nurses Association, District Three is very grateful to each of the organizations who sponsor our district meetings. We would like to extend our gratitude to each of the organizations that will be hosting our meetings ....

**Texas Health Fort Worth Hospital**  
**Texas Health Harris Methodist Hospital Hurst-Euless-Bedford**  
**Texas Health Harris Methodist Hospital Cleburne**

We would also like to extend our appreciation to  
**Texas Health Harris Methodist Hospital Hurst-Euless-Bedford**  
for providing our Continuing Education Credits.



And each of our  
Continuing Education Program Sponsors

Gold Sponsor  
**Las Colinas Medical Center**

Silver Sponsor  
**Baylor All Saints Medical Centers**

Bronze Sponsors  
**Cook Children's Medical Center**  
**Texas Health Harris Methodist Hospital Cleburne**

Website CE Sponsors  
**Texas Health Arlington Memorial Hospital**  
**Texas Health Harris Methodist Hospital Southwest**  
**Huguley Memorial Hospital**

## Mary Robinson, PhD, RN-BC In the Spotlight



Why is TNA important to me and why am I an active member?

I joined TNA many years ago with the encouragement of my boss at the time. Frankly, I did not know what I was really signing up for but quickly realized TNA was my voice for nursing in Texas. I have

been and am active in a number of Professional Nursing Organizations but I have to say they are focused on a particular area of nursing and not the profession of nursing in general. As I became more involved in TNA as the Program Planner, a Local Director for District 3 and also a State Task Force Member and State Task Force Chair, I had the chance to meet and see a legion of devoted TNA employees and elected members who are at work for the nurses of Texas. TNA is very active with the legislature and the Texas Hospital Association working to pass legislation that benefits the Nurses of Texas. They watch for issues that may be of concern to our profession and work proactively to get bills introduced into legislation that address such things as: the nursing workforce shortage, nursing faculty challenges, safe work place issues, staffing effectiveness measures, and health related issues that effect the citizens of Texas. Texas is seen as national leader in creating a positive work environment for the profession of nursing and we have TNA to thank for this! I am active in TNA because I want to have a part in creating the best state for nursing and for patients. TNA is the voice of nursing in Texas and the voice for me!

Mary Robinson  
VP of Patient Care Services  
Texas Health Harris Southwest

## TNA-3 Election

On February 19, 2009; the TNA, District 3 members present at the General membership meeting voted to amend Article IX Nominations and Elections; Terms of Office and Vacancies, Section 1b. to read Elections shall be by mailed ballot **or internet ballot**. This amendment will allow TNA, District 3 to conduct district elections using an online ballot system. Beginning with the 2009 TNA District 3 Election, members will have the option of voting either online or by mailed ballot. All members, who have an email address on file with the district 3 office, will receive an online ballot notice by email. Members will review the Biographical Data for each candidate and use the ballot link to cast his/her vote. All members who do not have an email address on file with the district 3 office will receive a traditional paper ballot by mail. Any member who would prefer to cast a ballot by using a mailed paper ballot can request one by contacting the district 3 office. Any member requesting to vote via mailed paper ballot will be removed from the internet ballot list, and will be denied access to the internet ballot.

Once you receive your Ballot information, please take a moment to look over this information and vote for the candidate(s) that you feel will best serve TNA-3. Ballots must be submitted to TNA, District 3 on or before April 15, 2009.

## Serving Our Community...

Planning for the 3<sup>rd</sup> Annual Community Service Project is underway. During the past two holiday seasons, District 3 has been able to give back to our community by delivering holiday packages to the nearly 300 residents who call Westchester Plaza Assisted Living facility home. In preparation for this event, all members and nursing students are encouraged to donate gender neutral toiletries to assist with creation of holiday gift bags. Cash donations are also welcome, whereas the proposed holiday bags will each cost approximately \$5. Donations may be brought to meetings, dropped off at the TNA-3 office, or arrangements can be made for pick-up.

If you are interested in assisting with this year's community service project, please contact Amanda Robbins at [tna3@usapathway.com](mailto:tna3@usapathway.com). (Please, no perfumes or scented lotions. Trial-sized items are ideal.)

## CANCER PREVENTION STUDY-3

Be a part of Research in Action



Be a part of research in action. The American Cancer Society Department of Epidemiology & Surveillance Research program is funding and managing the Cancer Prevention Study-3 (CPS-3). The goal of the study is to better understand the factors that cause or prevent cancer and, ultimately, to help eliminate cancer as a major health concern for future generations. Volunteers who are between the ages of 30 and 65, who have never been personally diagnosed with cancer, and who are willing to make a long-term commitment to the study can enroll at the Fort Worth Relay for Life on Friday, April 3, 2009 at Farrington Field; 1501 University Dr, Fort Worth, TX 76107. Enrollment Hours: 6:30—10:30 pm. For more information visit [www.cancer.org/cps3](http://www.cancer.org/cps3) or contact Mary Mysko at 817-570-0630 or [mary.mysko@cancer.org](mailto:mary.mysko@cancer.org)



Join us to learn about the  
**PhD in Nursing Program**  
at The University of Texas at Arlington



**Hybrid course delivery model (online and onsite)**

**PhD in Nursing Graduate Forum**

**March 30, 2009**

- ★ **Meet the Associate Dean**
- ★ **Learn about the program**
- ★ **Hear about the admission process**

6:00 - 7:00 p.m.

Pickard Hall at UT Arlington

**PhD in Nursing Open House**

**April 24, 2009**

- ★ **Learn about the program**
- ★ **Meet students, faculty and deans**
- ★ **Attend classes**

Join us for the day, or for  
any activity that fits your schedule.

Pickard Hall at UT Arlington

**For more information:**

**817-272-1038**

**[vivian@uta.edu](mailto:vivian@uta.edu)**

**[www.uta.edu/nursing/phd](http://www.uta.edu/nursing/phd)**



The University of Texas  
**ARLINGTON**™

**School of Nursing**

Make a difference  
with a  
**PhD in Nursing**

- ★ **Focus on culturally diverse and vulnerable populations**
- ★ **BSN-to-PhD and MSN-to-PhD options available**

# TNA North Region TEES UP 6th Annual Golf Tournament for FUN(D)

The Texas Nurses Association North Region is having their 6th Annual Golf Tournament for FUN(D) at Twin Lakes Golf Course in Canton on Friday, April 3, 2009. TNA District 3 would like to cordially invite all members of the district and their friends to participate. This event serves to support the North Region Districts of TNA, and the Texas Nurses Foundation.

The golf tournament features straight Florida scrambles of four players per team, shotgun start, 4-person scramble. The cost per registrant is \$65 which includes greens fees, golf cart, dinner and one ticket for the door prizes to be awarded at the dinner. Winners must be present to win. Sign-in registration is from 11:00-12:15 p.m. Tee times begin promptly at 12:30 p.m.

Not a golfer? You can participate by sponsoring a hole which begins at \$250. For sponsoring a hole at the \$500 level, entry fees for 2 players is included. At the \$1000 level, the entry fee for 4 players is included. The sponsors will also have their name displayed on the hole and at the dinner. The hole sponsorship is contributed to the Texas Nurses Foundation, the research and public service arm of TNA.

Non-golfers and guests of golfers may attend the dinner following the tournament for a fee of \$15 and will receive one ticket towards a possible door prize. The Bar-B-Q gala dinner will be from 5:30-7:30 p.m.

For further information, contact Kleanthe Caruso, TNA North Region Director at [antheCaruso@yahoo.com](mailto:antheCaruso@yahoo.com) or Pat Pollock, TNA district 4 at 214-282-7832 or [d4tna@flash.net](mailto:d4tna@flash.net).

...from the

## Scholarship Committee

The deadline for mailing a completed application is **March 12, 2009**.

TNA, District Three will be offering two scholarships to nursing students who are currently enrolled in a program for registered nurses within the TNA, District 3 area. We will be offering an Academic Scholarship in the amount of \$500 and the Monika Dewar Memorial Scholarship in the amount of \$500 this year. Scholarship applications can be downloaded from the district website ([www.tna3.org](http://www.tna3.org)), or by contacting the District 3 office by phone or via email.

This year the No Gala-Gala event has been the only fundraiser in which 100% of proceeds have been designated to support the scholarship fund. Any member, who would like to make additional contributions to support the scholarship fund, can do so by indicating "Academic Scholarship" or "Monika Dewar Scholarship" on his or her donation. In this time of economic stress, any support that can be provided to nursing students is a welcomed relief. Thank you for continuing to support TNA, District 3 and the scholarship funds.

Dennis Cheek  
Scholarship Chair



The University of Texas  
ARLINGTON

**Exciting CNE Opportunities Available!**

*High-Fidelity Simulation Workshop - March 19-21, 2009*

*2009 Legal Symposium for Nurse Practitioners - April 1, 2009*

*23<sup>rd</sup> Annual Psychiatric Nursing Symposium - May 1, 2009*

For brochure and to register:

[www.uta.edu/ded/nursing](http://www.uta.edu/ded/nursing)

817-272-2581

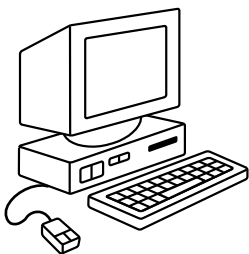
The University of Texas at Arlington Center for Continuing Nursing Education is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Our Website has a new face. Don't forget to check the  
website, for the latest TNA-3 information.**

[www.tna3.org](http://www.tna3.org)

The following items can now be found on the website:

- \* Calendar of Events
- \* Order Texas RN Pins online
- \* TNA Membership Application
- \* Mock Trial Flyer & Registration
- \* Annual Dinner Registration
- \* Scholarship Application



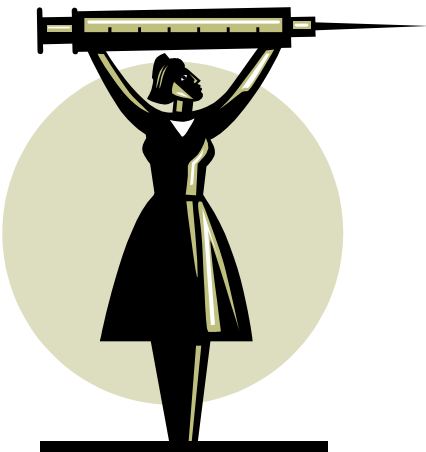


Nightingale Solutions USA

***Announces***  
***North Texas Nurse Job Stimulus Program!***

The team here at Nightingale Solutions wants to give a shot in the arm to the economy and to do our part to help the hard working Nurses here in North Texas. We are proud to announce the Nightingale Solutions USA North Texas Nurses Job Stimulus Program – we want to make sure that our hard working Nurses here in North Texas who may have been caught in the current economic situation are covered during these difficult times.

We are proud to announce new openings for RNs and LVNs starting in **March** and **April** across multiple specialties available for staffing if you are qualified and you are interested please contact us now.



**It's time to do a self-diagnosis regarding your career as a nurse?**

***'As a practicing nurse you understand how critical diagnosing your patients' symptoms are to ensure they receive the best course of therapy possible.***

***Now it's time to diagnosis where you are in your career as a Nurse, so you can choose the best course of therapy for your career?'***

**Nightingale Solutions USA has opportunities available for you now:**

- Top-tier wages - offering top dollar competitive pay rates
- Choices! - Long and Short Term Assignments - Per Diem Assignments
- Excellent Referral Bonus Program - Sign-On & Referral Bonuses
- No waiting on approval for time-off requests
- Job Satisfaction - Finding Your Dream Job!

When you make the decision to work with Nightingale Solutions, you'll soon see why Nightingale Solutions is fast becoming the Employee Provider of choice for nurses in North Texas. The next step is simply to check out our website:

**Nightingale Solutions USA**  
**2225 West Southlake Boulevard**  
**Suite 423-123**  
**Southlake, Texas 76092**  
**[www.NightingaleSolutionsUS.com](http://www.NightingaleSolutionsUS.com)**  
**[info@NGaleUSA.com](mailto:info@NGaleUSA.com)**  
**817.995-.8027 or 817.995.8028**

Texas Nurses Association, Districts 3 presents



# Mock Trial Workshop

3.0 Contact Hours

Saturday, April 4, 2009

8:30AM—Sign-in

9:00-12:00PM—Workshop

Cook Children’s Medical Center  
Hochberger Auditorium  
801 Seventh Avenue  
Fort Worth, TX 76104

## Registration

TNA Members.....	\$45.00
Non-members.....	\$60.00
Full-time Graduate Students.....	\$30.00
Undergraduate Students.....	\$15.00

(No CE’s are given to undergraduate students)

Online Registration

[www.tna3.org](http://www.tna3.org)

## The Case of John Doe

This performance may not win an academy award nomination but it will engage the viewers in stellar practice concepts and provide award winning knowledge for safe patient care!!!

## Objectives

1. List three practice breaches of the National Patient Safety Goals.
2. Identify how these practice breaches could have been avoided.
3. Describe the standards of care in place to protect nurses from breaches in practice.

“Texas Health Harris Methodist Hospital Hurst-Euless-Bedford is an approved provider of nursing continuing education by the Texas Nurses Association, an accredited approver by the American Credentialing Center’s Commission on Accreditation. “

**Free Parking** available in the Cook Children’s North Employee Parking Garage only. This Garage is located directly across from the Cook Children’s North Entrance. The Hochberger Auditorium is located in the basement nearest this entrance. Please contact the TNA, District 3 office at [tna3@usapathway.com](mailto:tna3@usapathway.com) or 817-249-5071 for additional information or directions. A map is posted on the district 3 website.

Please return this registration form with your payment to:

TNA-3, PO Box 16958, Fort Worth, TX 76162

Please make checks payable to TNA-3

Online Registration [www.tna3.org](http://www.tna3.org)

## Registration Fees

- \$45.00 TNA Members
- \$60.00 Non-members
- \$30.00 Full-time Graduate Students
- \$15.00 Undergraduate Students\*

*Complimentary Breakfast Included*

\*Undergraduate Student rate applies to undergraduate students and unlicensed nurses only. CE’s will *not* be awarded to undergraduate students and unlicensed nurses.

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_, TX Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

**Cancellation policy:** Cancellations received in writing at least 14 days prior to the event date will be refunded in full minus the cost of any fees incurred by TNA-3. Cancellations or transfers received after this time will be refunded minus a \$25 processing fee and the cost of any fees incurred by TNA-3. No refunds will be made after the program begins.

# Congratulations to the 2009 Great 100 Nurses

Carin Adams, *Cook Children's Medical Center*  
Dena Allen, *Baylor University Medical Center*  
Meera Ananthaswamy, *Medical Center of Lewisville*  
Robin Andreola, *Hunt Regional Hospital District*  
Shaun Armantrout, *Las Colinas Medical Center*  
Amy Atnip, *Medical Center of Plano*  
Marci Ayers, *Plaza Medical Center of Fort Worth*  
Edelina Bacani, *Methodist Charlton Medical Center*  
Kathleen M. Baldwin, *TCU Harris College of Nursing  
& Texas Health Harris Methodist Southwest*  
Kelly Ballinger, *Texas Health Harris Methodist HEB, Oncology*  
Marco Bartoloni, *Methodist Mansfield Medical Center*  
Dorothy Bartz, *Texas Health Presbyterian Hospital of Plano*  
Deborah Behan, *Texas Health Harris Methodist Hurst Eules Bedford*  
Christine B. Brooks, *Texas Health Presbyterian Hospital of Dallas*  
Denise Buddenhagen, *JPS Health Network*  
Bart Burgess, *North Hills Hospital*  
Ramonda Busby, *Children's Medical Center*  
Jennifer Chatterpaul, *Baylor Regional Medical Center Plano*  
Mary Alice Clark, *Baylor All Saints-Andrews Women's Hospital*  
Susan Courtois, *Texas Health Presbyterian Hospital of Plano*  
Jo Darling, *Texas Oncology, P.A.*  
Lygia Dunsworth, *Baylor All Saints Medical Center*  
Jeanette Vaughan Duric, *Texas Health Presbyterian Hospital of Dallas*  
Joyce Eckstein, *Texas Health Harris Methodist Fort Worth*  
Leslee Erickson, *Arlington ISD*  
Jeanne Farmer, *Medical Center of Plano*  
Jeanne "Jill" Frost, *North Hills Hospital*  
Roger George, *Plaza Medical Center of Fort Worth*  
Tom Hall, *Methodist Dallas Medical Center*  
Michele Hamilton, *Medical Center of Plano*  
Carol Hasty, *Children's Medical Center*  
Andrea Hidingier, *JPS Health Network*  
Chris Hutchison, *North Hills Hospital*  
Carol Jones, *Texas Health Presbyterian Hospital of Dallas*  
Valerie King, *Richardson North Junior High; Dallas CCCD,  
Richland College*  
Michelle Kizer, *Baylor All Saints Medical Center*  
Glenda Kupferle, *Texas Health Harris Methodist Fort Worth*  
Alicia Lang, *JPS Health Network*  
Jackie Laws, *Texas Health Harris Methodist Cleburne*  
Laura Maddux, *Baylor All Saints Medical Center*  
Jessica Dale Markwardt, *Methodist Mansfield Medical Center*  
Beena C. Mathew, *Children's Medical Center*  
Donna McIver, *Las Colinas Medical Center*  
Howard McKay, *Children's Medical Center & UTA School of Nursing*  
Debra McLachlan, *TCU Harris College of Nursing & Health Sciences*  
Tracy Messing, *Baylor Research Institute, Baylor All Saints*  
Lisa Milonovich, *Children's Medical Center*  
James Miller, *Medical Center of Plano*  
Sharareh Mirzaei, *Medical City Dallas Hospital*  
Susie Morrison, *Texas Health Harris Methodist Cleburne*  
Julia Beth Nolan, *Texas Health Harris Methodist Hurst Eules Bedford*  
Carol E. Olivier, *Texas Health Harris Methodist Cleburne*  
Sharon M. Overath, *Texas Health Harris Methodist Hurst Eules Bedford*  
Amanda Robbins, *North Hills Hospital*  
Dana Roper-Effinger, *Baylor All Saints Medical Center*  
Allison Snyder, *Texas Health Harris Methodist Fort Worth*  
Janet Stovall, *Baylor Regional Medical Center Plano*  
Carole Taylor, *Thomas Jefferson Grade School (DISD)*  
Gail Tucker, *Texas Health Harris Methodist Southwest*  
Alisa Vaughn, *Baylor University Medical Center*  
Nancy Viamonte, *Richardson Regional Medical Center*  
Amy Vickers, *Mothers Milk Bank of North Texas*  
Joanne (Ruth) Vordenbaum, *Children's Medical Center*  
Christine Wagner, *Children's Medical Center*  
Meg Wagner, *Texas Health Harris Methodist Fort Worth*  
Anne Wainwright, *Texas Health Harris Methodist Hurst Eules Bedford*  
Donna Faylene Walker, *Texas Health Presbyterian Hospital of Kaufman*  
Carolyn Walsh, *JPS Health Network*  
Marcie Walters, *Texas Health Presbyterian Hospital of Plano*  
Kathleen Jay Walton, *Texas Health Harris Methodist HEB,  
Springwood Psychiatric Hospital*  
Julie Warren, *Medical Center of Arlington*  
Catherine Warthan, *Texas Health Harris Methodist Fort Worth*  
Hattie Washington, *Methodist Dallas Medical Center*  
Susan Watkins, *Methodist Charlton Medical Center*  
Lesla Marie Watley, *JPS Health Network*  
Paula J. Webb, *Cook Children's Medical Center*  
Tina Wepler, *Baylor University Medical Center*  
Sue Wertheim, *Baylor Regional Medical Center Plano*  
Liz Wheeler, *Medical City Dallas Hospital*  
Ginger Whitacre, *Medical City Dallas Hospital*  
Diane Wickline, *Texas Health Harris Methodist Southwest*  
Gayle Wilkins, *Texas Health Harris Methodist Fort Worth*  
Judi Williams, *Medical Center of Arlington*  
Dee Williams, *Medical Center of Plano*  
Debra Willis, *Texas Health Presbyterian Hospital of Plano*  
Sandra J. Wilson, *Arlington ISD*  
Mary Jane Winkenhof, *Texas Health Presbyterian Hospital of Plano*  
Julie Winkler, *Arlington Memorial Hospital*  
Melissa Winter, *The Heart Hospital Baylor Plano*  
Charlotte Womack, *Medical Center of McKinney*  
Shelley Wood, *Baylor University Medical Center*  
Jeff Woods, *Baylor All Saints Medical Center*  
Dokagari (Dok) Woods, *Tarleton State University, Department of Nursing*  
Katherine Wright, *Texas Health Presbyterian Hospital of Plano*  
Paula Wyman, *North Hills Hospital*  
Jackie Yeap, *Medical Center of Plano*  
Joy Yglecias, *Medical City Dallas Hospital*  
Dotti Youngblood, *Baylor All Saints-Andrews Women's Hospital*  
Anita Zelaya-Youngberg, *Huguley Memorial Medical Center*  
Christina Zevallos, *Methodist Dallas Medical Center*



Texas Nurses Association,  
District Three  
2009 Annual Awards Dinner

**Honoring:**  
Scholarship Recipients  
TNA-3 Award Recipients  
Board of Directors  
Great 100 Nurses from District Three

Please join us at the Kelly Alumni Center on the campus of Texas Christian University as we celebrate the nurses of District Three.

Date: Thursday, May 21, 2009  
Time: 6:00 PM  
Place: TCU Kelly Alumni Center  
2820 Stadium Drive  
Fort Worth, TX

Reservations are required by May 7, 2009. Please call the TNA-3 office at 817-249-5071 for more information.

Please return this reservation form with your payment to **TNA-3, PO Box 16958, Fort Worth, TX 76162**

Enclosed is \$\_\_\_\_\_ for \_\_\_\_\_ dinners @ \$35.00 each for the 2009 Annual TNA-3 Awards Dinner.  
(Please make checks payable to TNA-3)

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_, TX Zip: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

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**District Three's Annual Awards  
To Be Presented at the Annual Awards Dinner May 21, 2009**

YOU have the opportunity to nominate three of District Three's many outstanding nurses for one of three awards this year.

It is time to nominate nurses from District Three for the 2008 Membership Awards. These awards include **2009 Nurses of the Year, Active Member of TNA, and Rookie Award.**

Criteria for these awards have been set by the Membership Committee:

**2009 Nurse of the Year**

- Active Member of District Three for 5 years or more.
- Influenced nursing through clinical practice, teaching, and/or administration.
- Actively participates in continuing education.
- Has made a contribution to the profession of nursing at the local, state or national level within the past three years.
- Has established good relations with co-workers and associates.
- Actively involved in community organizations and activities.

**Active Member Award**

- Active member of District Three for 5 years or less.
- Member of a committee and actively participates
- Good attendance at monthly meetings and shows strong support of the organization.

**Rookie Award**

- First year member who has shown involvement in District Three.
- Member of a committee.
- Good attendance at monthly meetings and shows strong support of the organization.

**Please use the following nomination form: (\*) apply to New Member and Rookie Awards. All nomination forms must be postmarked NO LATER than Friday, April 17, 2009**

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Nomination for \_\_\_\_\_ Award (Choose one of the above)

Nominee: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

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Political, civic, community involvement

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Professional Memberships

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Current Position in Nursing

(over)

2009 Nominee's Name: \_\_\_\_\_

(pg. 2 of 2)

Answer each question for Nurse of the Year – **only (\*)** marked questions for the New Member and Rookie Awards.

\*

1. ANA/TNA District Organization Activities

2. How has the nominee influenced the quality of nursing care?

3. Describe the nominee's involvement in nursing for the last five years.

4. Give evidence of the nominee's involvement in continuing education during the past three years.

5. Give one specific example of this nominee's practice that shows exceptional achievement.

\*

6. Other Comments

You may have letters of support attached or have them mailed directly to the TNA-3 Office for attachment prior to the committee's review.

(Information below will be covered during consideration by the Membership Committee)

Nomination submitted by:

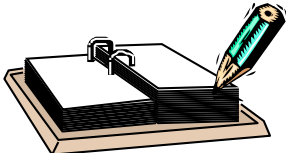
Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**Mail to :**  
**TNA-3 Nurse Awards**  
**TNA District Three**  
**P.O. Box 16958**  
**Fort Worth, TX 76162**

**Deadline: Postmarked by April 17, 2009**



# 2009 TNA-3 Calendar of Events

**March 2-3, 2009—Nurse Day at the Capitol**  
Austin, Texas  
Visit [www.texasnurses.org](http://www.texasnurses.org) for more information.

**March 7, 2009--Board of Directors Meeting**  
9:00 – 11:00AM  
Texas Health Harris Methodist  
Hospital Fort Worth  
Education Center Meeting Room

**March 12, 2009—Scholarship Application Deadline**

**April 3, 2009—**  
**TNA North Region Golf Tournament for Fun(D)**  
Location: Canton, Texas

**April 4, 2009—Mock Trial Workshop—SAVE THE DATE**  
8:30AM—Sign-in  
9:00AM—12:00PM—Workshop  
Cook Children’s Medical Center  
Hochberger Auditorium

More information to follow.

**April 4, 2008--Board of Directors Meeting**  
12:00PM – 2:00PM

**April 4, 2008--Board of Directors Meeting**  
12:00PM – 2:00PM

**April 19, 2009--Great 100 Nurse Celebration**  
Dallas, TX

**April 25, 2009--House of Delegates**  
Omni Southpark Hotel, Austin, TX

**May 2, 2009--Board of Directors Email Meeting**

**May 21, 2009--Annual Dinner**  
6:00PM  
Texas Christian University  
Kelly Alumni Center  
2820 Stadium Drive  
Fort Worth, TX

**June 6, 2009-- Board of Directors “Wrap-up” Meeting**  
9:00 – 11:00AM  
Texas Health Harris Methodist  
Hospital Fort Worth  
Education Center Meeting Room

## Texas R.N. Pins Available for Nurse’s Week

Order **Texas Registered Nurse Pins**. Every RN can wear this pin with pride. These pins make great gifts for your nurse friends and co-workers. Pins are available at all TNA-3 events, available for purchase on our website [www.tna3.org](http://www.tna3.org), Or they may be purchased by mail, using the order form below.

**Size:** 7/8" Texas Shaped Pin

**Color:** Two tone gold.



**Description:** RN & outside edge raised & polished with sandblasted background.

**Cost:** \$8.00 each

**Please return this order form with your payment to:**  
**TNA-3, PO Box 16958, Fort Worth, TX 76162**

Enclosed is \$\_\_\_\_\_ for \_\_\_\_\_ Texas RN Pin(s).

Name: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

## District Three Welcomes our New Members

Deborah Cates

Michelle Cook

Lorella DeLeon-Miller

Karen Fleming

Elizabeth Houser

Pamela Karaffa

Barbara Murph

Tiffany Panther

Shirley Parker

Kathy Srokosz

Anita Wade



We're glad you're here. We look forward to visiting with you at meetings and events.

## Newsletter Postings & Advertisements

Do you know an outstanding nurse, who is a member of TNA, District Three? Do you have pertinent nursing information that needs to be shared with the district? Do you know of upcoming nursing events & CE opportunities that would interest the membership of District Three? Any member wishing to submit information or advertisements to be published in the *District 3 News* should contact Renee James at 817-249-5071 or by e-mail at [tna3@usapathway.com](mailto:tna3@usapathway.com) by the 15<sup>th</sup> day of the month prior to publication.

## Texas Peer Assistance Program for Nurses

TPAPN volunteers act as an advocate providing peer support for their nurse colleagues. If you would like to volunteer or refer someone call 1/800-288-5528 (24-hour helpline) or 1/512-467-7027, fax 512/467-2620, or email [www.tpapn.org](http://www.tpapn.org). Additional information and forms can be downloaded at the following website: <http://www.texasnurses.org/tpapn/index.htm>.

## Reduce, Reuse, Recycle..... District 3 is going Green.

Remember, in the interest of conservation district three has shifted toward email as the favored delivery method for our newsletter. The US Postal Service delivery of the *District 3 News* has discontinued, for all members who currently have an email address on file with TNA. Many of you have received the newsletter by this method for quite some time, and know the convenience of having your newsletter available at a moments notice. The Newsletter email can also be easily forwarded to nurse friends and co-workers, who may be interested in TNA, District 3. Members, who **do not** currently have an email address on file with TNA, will continue to receive the *District 3 News* by the US Postal Service delivery. Members who wish to update their contact information and/or request a specific delivery option may do so by notifying the district office by email at [tna3@usapathway.com](mailto:tna3@usapathway.com) or by returning the form below. Please help us in making this endeavor a success!

### Information Update

Please use this form to indicate any changes in your contact information.

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home# \_\_\_\_\_ Work# \_\_\_\_\_ Cell# \_\_\_\_\_

Email #1: \_\_\_\_\_ Email #2: \_\_\_\_\_

Please send my District 3 Newsletter via \_\_\_\_\_ email \_\_\_\_\_ U S Postal Service

Return to TNA, District 3; PO Box 16958; Ft Worth, TX 76162

**Disclaimer of Endorsement:** Reference herein to any specific company, organization, commercial products, process, or service by trade name, trademark, manufacturer, or otherwise, does not necessarily constitute or imply its endorsement, recommendation, or favoring by Texas Nurses Association, District Three. The views and opinions of authors / presenters expressed herein do not necessarily state or reflect those of the Texas Nurses Association, District Three, and shall not be used for advertising or product endorsement purposes. Texas Nurses Association, District Three, and its Board of Directors reserve the right to refuse any article submission or advertisement for any reason.

Texas Nurses Association,  
District Three  
P O Box 16958  
Fort Worth, TX 76162-0958

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