

DISTRICT 3 NEWS

PARKER * SOMERVELL * TARRANT



PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION * P.O. BOX 16958
Fort Worth, TX 76162 * 817-249-5071 * tna3@usapathway.com
District Website: <http://www.tna3.org> * State Website: <http://www.texasnurses.org>

May 2009

District Three Board Members 2008-2009

President
Sandi McDermott
tna3@usapathway.com
sandi.mcdermott@hcahealthcare.com

President Elect
Lygia Dunsworth

Vice President
Julie Withaeger

Secretary
Sharon Ransom

Treasurer
Stephanie Eckstein

Directors
Dennis Cheek
David Eubanks
Sharon Ikeler
Suzy Lockwood-Rayermann
Mary Alice Stam

Executive Secretary
Renee James
Office: 817-249-5071
tna3@usapathway.com

Mission Statement

Promote excellence in nursing by delivering pertinent tools for nurses to achieve

- ✓ Quality Patient Care
- ✓ Full Professional Potential
- ✓ Career Satisfaction

Vision Statement

Satisfied nurses caring for satisfied patients

President's Message

For a couple of weeks now I have been planning my final message to you as President of TNA District 3. Numerous times, I have jotted down various ideas and crossed them out or added to them. I realize now that the reason I have had a difficult time getting this message started is that there are many things I want to share with each of you.

First of all, it has been an honor and a privilege to work with the finest Board that any President could ask for. I am deeply indebted to Lygia Dunsworth, Julie Withaeger, Sharon Ransom, Stephanie Eckstein, Suzy Lockwood, Dennis Cheek, Sharon Ikeler, Mary Alice Stam, and David Eubanks. These board members exhibit a commitment and passion for nursing that I remain in awe of. Thank you all from the bottom of my heart.

Secondly, without the constant support and enthusiasm of Renee James, our Executive Secretary, I could have never been effective as President. Renee has been tireless in her efforts for the District and has helped me with numerous projects that I wanted to complete before my term ends in June. Renee, my gratitude to you cannot be adequately expressed in words and you hold a special place in my heart and in my memories as President.

Some of the goals that I had set for my presidency were to establish an annual community service project; another goal was a website refresh; a third goal was to revamp and to reorganize the Great 100 Nursing Event; a fourth goal was to increase collaboration between District 3 and District 4; a final goal was to increase publicity and awareness of District 3 in the nursing publications in the metroplex. I am proud to say that these goals have been realized and that now we can continue to tweak and grow them.

I hope that you will join us at our **Annual Dinner and Awards on Thursday, May 21st** at 6:00 p.m. The dinner will be held at the Dee Kelly Alumni Center at TCU which is located at 2820 Stadium Drive, Ft. Worth. We will be honoring 52 Great 100 Nurses from District 3 from almost 20 different facilities which include 15 hospitals, 3 nursing schools, Mothers Milk Bank of North Texas, and 2 school nurses. The Great 100 Event on April 19th was just the beginning of our celebration in Ft. Worth on May 21st!

Please continue to support TNA District 3 in any way that you can. When you are asked to send legislative emails to your senator and representative I hope you will do so. If you are interested in running for a state office when it becomes available please contact me in my role as State Nominating Chair for TNA. If you are able to support us by running for a future board member or officer for District 3, please do so. If you are able to assist us with our community project, we will welcome your donations of time, treasure and talent. We would like to continue the momentum that we have gained this year.

Finally, as my term ends, please support Lygia Dunsworth as your new President. Lygia has served with me on the Board for the past several years and will be as an outstanding leader for District 3.

As National Nurses Week approaches we are reminded that although we work in varied work settings we are united by our compassion, our passion, our hearts and souls for nursing and our patients. Every day I realize how much of a difference we are truly making in the care and improvement of human lives. Thank you all for trusting me to serve as your President for the past two years. It has been an honor and a privilege.

I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do. ~ Edward Everett Hale

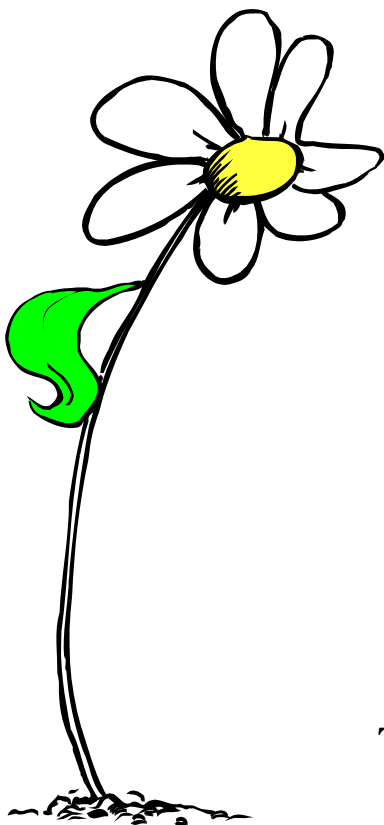
Best Regards,
Sandi McDermott, RN, MSN, NEA-BC

THANK YOU, SPONSORS

Texas Nurses Association, District Three is very grateful to each of the organizations who sponsor our district meetings. We would like to extend our gratitude to each of the organizations that will be hosting our meetings

Texas Health Harris Methodist Fort Worth
Texas Health Harris Methodist Hospital Hurst-Euless-Bedford
Texas Health Harris Methodist Hospital Cleburne

We would also like to extend our appreciation to
Texas Health Harris Methodist Hospital Hurst-Euless-Bedford
for providing our Continuing Education Credits.



And each of our
Continuing Education Program Sponsors

Gold Sponsor
Las Colinas Medical Center

Silver Sponsor
Baylor All Saints Medical Centers

Bronze Sponsors
Cook Children's Medical Center
Texas Health Harris Methodist Hospital Cleburne

Website CE Sponsors
Texas Health Arlington Memorial Hospital
Texas Health Harris Methodist Hospital Southwest
Huguley Memorial Hospital

.... a note from

HOUSE OF DELEGATES

The House of Delegates met last Friday and Saturday, April 24th and 25th in Austin. There was a great turn out from many of the districts including representatives from a new district. East Texas now has district 35. They are off to a great start and are very excited about what is in store for them. Friday night was filled with reports from several committees including the Practice, Education and Governmental Affairs Committees. We also listened to district reports and everyone was excited to learn all the accomplishments by Districts 3 and 4 together. On Saturday six resolutions were presented for discussion and voting. All resolutions were voted on and passed. Lastly, we enjoyed participating in a great silent auction. Many of the districts participated by bringing various items for the auction on Saturday. We saw several Texas themed baskets, wine baskets, spa packages and a few hand made items. The silent auction raised over 2,000 for the Texas Nurses Foundation. We learned a great deal and truly enjoyed networking with other nurses from around the state.

Lara Smith
TNA-3 Delegate

Fresh Faces of 2009-2010!

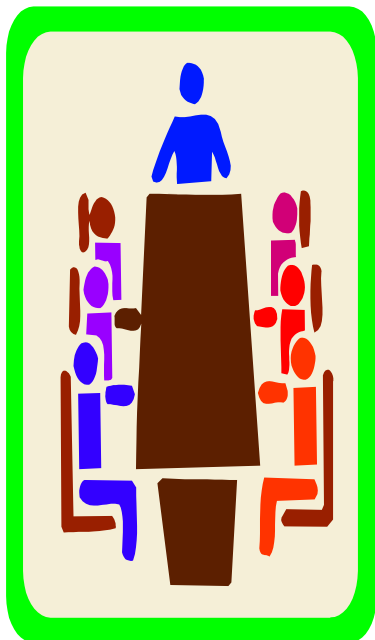
Professional associations depend on active involvement of members to craft and implement policies and activities that meet the aims of the association and those they serve. In the case of District 3, those aims include supporting and strengthening the Profession of Nursing through the local arena so that nurses and consumers benefit from strong professional practice. Based on a history of strong leadership, District 3 has provided direction for quality practice, mentoring of nurses, legislative efforts, and community service that benefit others in meeting health care goals. I am proud that the current District 3 Nominating Committee located well-qualified local nurses to continue this history of strong leadership. This leadership will continue the legacy of District 3 as a critical link supporting the successes of local nursing and state-wide nursing via TNA.

The online voting election option this year provided an efficient process for membership voting for members who placed their names on the leadership ballot. I am very thankful to the Board of Directors who connected me with colleagues who enthusiastically provided information for the ballot. I am also thankful for those who stepped forward based on my personal "nudge" to also place them on the ballot. Overall, the nominees on the ballot reflected a balance of diverse nurses willing to provide leadership to the District and grow through that opportunity (a wonderful outcome from my experience!). Votes from 80 members occurred by the online process and five additional members used mail voting to express their views. The final tally of both online votes and mail votes showed a "very tight" election for the Director position. In this newsletter, you will see the results of the balloting process and identify those individuals who will represent you, as nurses of District 3 TNA, in the coming years.

I wish those newly elected officers a successful year ahead! I also wish to thank the District members who submitted their ballot that supported the election of strong leaders for District 3 for the future.

Carolyn Spence Cagle PhD, RNC
Nominating Committee, Chair

2009—2010 Board of Directors



President— Lygia Dunsworth
Past President— Sandi McDermott
Vice President—Julie Withaeger
Treasurer— *Virginia Campbell
District Secretary—Sharon Ransom

Directors thru May 2010
David Eubanks
Suzy Lockwood Rayermann
Mary Alice Stam

Directors thru May 2011
*Dennis Cheek
*Rebecca Personett

Nominating Committee

Carolyn Cagle, Chair
Ann Little
Mary Schnell
Lara Smith
J.D. Romero

***House of Delegates thru 2011**

Stephanie Eckstein Mary Alice Stam
Carolyn Spence Cagle Sharon Ikeler

Alternates:
Glenn Raup
JD Romero
Jimmie Borum

* = Newly Elected

Celebrating the Great 100 Nurses

On April 19, 2009, nurses from the Dallas-Fort Worth area gathered together at the Meyerson Symphony Center to celebrate Nursing. On this evening the 2009 Great 100 Nurses were officially honored for their dedication to their profession and their patients.

The evening began by honoring Beth Mancini, founder of the DFW Great 100. Beth was totally surprised as her husband and two daughters made their way to the stage, and stood beside her as she was presented with the Legacy Award. In addition to the Legacy Award, she received a portrait of herself for her vision in creating this legacy event that recognizes nurses, in all areas of practice, who make significant contributions to their profession and the patients whom they serve.

The time to honor the 2009 Great 100 Nurses had arrived. What a spectacular event! As each nurse walked across the stage to receiving his or her award, pin, and gift from Advance Magazine, the crowd truly went wild, cheering for these nurses. This night, the Meyerson was filled with enthusiasm, cheers, honor, and pride. One could plainly see that the audience, comprised of family members, friends, and co-workers, was extremely proud of each nurse as he or she walked across the stage. The 2009 Great 100 Nurse Celebration was a truly extraordinary event.

This year the Great 100 Nurse steering committee received 583 nominations for this prestigious award. During the selection process each nomination form is blinded to ensure confidentiality. Next, it is read and scored by two to three evaluators. The scores of each nominee are averaged together and the nominees with the top 100 scores are honored as a Great 100 Nurse. TNA, District 3 is proud of the 52 nurses who were selected within our service area. These nurses represent a broad spectrum of nursing backgrounds and expertise. Nurses from 15 hospitals, 3 nursing schools, Mother's Milk Bank of North Texas, and 2 school nurses were honored at this year's event.

TNA, District 3 would like to thank each person or organization that made a contribution to this year's event. We would like to thank Cole Edmonson, NTONA President Elect; Sandi McDermott; TNA-3 President; and Colleen Hines, TNA-4 President; for all of your hard work and dedication to the event this year. We would like to thank the entire Great 100 Steering Committee, and each of the Nomination Evaluators for their support. We would also like to thank Methodist Dallas Hospital for providing the Great 100 Nurse pins, NTONA for providing the certificates, Nurses Lounge Magazine for providing the slide show and Great 100 Nurse event program, and Advance Magazine for providing each honoree with a gift bag. TNA, District 3 would also like to extend our gratitude to each of the many facilities who have assisted this event as a sponsor. Thank you for supporting this worthy event. Most importantly, we would like to thank each of the Great 100 Nurses for going the extra mile and providing quality care for the patients in which you serve.



Great 100 Nurse Celebration Photos

If you would like to view additional photos of the 2009 Great 100 Nurse Celebration, please visit the TNA, District 3 Photo Gallery at <http://www.tna3.org>. Great 100 Celebration photos are also posted on Nurses Lounge Community website at <http://community.nurseslounge.com>, and Advance Magazine's website at <http://nursing.advanceweb.com/article/the-great-100-nurses.aspx>.

Our Website has a new face. Don't forget to check the website, for the latest TNA-3 information.

www.tna3.org

The following items can now be found on the website:

- * Calendar of Events
- * Order Texas RN Pins online
- * TNA Membership Application
- * Make Annual Dinner Reservations online
- * Purchase 50/50 Raffle Tickets online
- * New Photo Gallery



District Three Welcomes our New Members



Yvonne Allen

Jamie Carlson

Merri Kober

Dixis Kuruc

Shirley Martin

Judy Martin

Genifer Michael

Douglas Moore

Shakyryn Napier

Michelle Hunt

Rebecca Personett

Suzanne Pilette

Teresa Randall-Wong

Glenn Raup

Jimmy Romero

Tamara Schmidt

Stormy Williams

We're glad you're here. We look forward to visiting with you at meetings and events.

Texas Peer Assistance Program for Nurses

TPAPN volunteers act as an advocate providing peer support for their nurse colleagues. If you would like to volunteer or refer someone call 1/800-288-5528 (24-hour helpline) or 1/512-467-7027, fax 512/467-2620, or email www.tpapn.org. Additional information and forms can be downloaded at the following website: <http://www.texasnurses.org/tpapn/index.htm>.

50/50 Split Raffle

The 2009 Annual Awards Dinner will be held on Thursday, May 21st, at the TCU Kelly Alumni Center. TNA, District 3 is planning to have the **50/50 Split Raffle** again this year. The prize for **50/50 Split Raffle** is equal to 50% of the total earnings from the sale of the raffle tickets. The winner takes home a CASH prize. The more tickets sold, the bigger the prize! The 50 /50 Split Raffle tickets sell for **\$10.00 each**, and they can be ***purchased online at www.tna3.org***. You can also purchase tickets by submitting the form below to the district office. Your friends, family, and co-workers will want to be included in this drawing. All proceeds, from the raffle ticket sales will benefit TNA, District 3.

Past Winners

2004	Sharon Ransom	\$1,000.00	2007	Martha Artre	\$ 905.00
2005	Marinda Allender	\$ 600.00	2008	Mary Alice Stam	\$ 685.00
2006	Mary Alice Stam	\$ 620.00			

Please return this registration form with your payment to:

TNA-3, PO Box 16958, Fort Worth, TX 76162

Please make checks payable to TNA-3

Online Registration www.tna3.org

I have enclosed my payment of \$_____ to purchase _____ 50/50 Raffle Tickets x \$10.00 each

Name: _____ Email Address: _____

Street Address: _____ City: _____, TX Zip: _____

Daytime Phone: _____

You do not need to be present at the Annual Awards Dinner to win.



Texas Nurses Association,
District Three
2009 Annual Awards Dinner

Honoring:
Scholarship Recipients
TNA-3 Award Recipients
Board of Directors
Great 100 Nurses from District Three

Please join us at the Kelly Alumni Center on the campus of Texas Christian University as we celebrate the nurses of District Three.

Date: Thursday, May 21, 2009
Time: 6:00 PM
Place: TCU Kelly Alumni Center
2820 Stadium Drive
Fort Worth, TX

Reservations can be made online at www.tna3.org, and are required by May 14, 2009.
Please call the TNA-3 office at 817-249-5071 for more information.

Please return this reservation form with your payment to **TNA-3, PO Box 16958, Fort Worth, TX 76162**

Enclosed is \$_____ for _____ dinners @ \$35.00 each for the 2009 Annual TNA-3 Awards Dinner.
(Please make checks payable to TNA-3)

Name: _____ Address: _____

City: _____, TX Zip: _____ Daytime Phone: _____

Email Address: _____

Cancellation policy: Cancellations received in writing at least 14 days prior to the event date will be refunded in full minus the cost of any fees incurred by TNA-3. Cancellations or transfers received after this time will be refunded minus a \$15 processing fee and the cost of any fees incurred by TNA-3. No refunds will be made after the program begins.

Serving Our Community...

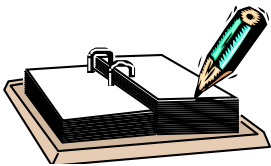
Planning for the 3rd Annual Community Service Project is underway. During the past two holiday seasons, District 3 has been able to give back to our community by delivering holiday packages to the nearly 300 residents who call Westchester Plaza Assisted Living facility home. In preparation for this event, all members and nursing students are encouraged to donate gender neutral toiletries to assist with creation of holiday gift bags. Cash donations are also welcome, whereas the proposed holiday bags will each cost approximately \$5. Donations may be brought to meetings, dropped off at the TNA-3 office, or arrangements can be made for pick-up.

If you are interested in assisting with this year's community service project, please contact Amanda Robbins at tna3@usapathway.com. (Please, no perfumes or scented lotions. Trial-sized items are ideal.

Amanda Robbins
Community Service Committee

Newsletter Postings & Advertisements

Do you know an outstanding nurse, who is a member of TNA, District Three? Do you have pertinent nursing information that needs to be shared with the district? Do you know of upcoming nursing events & CE opportunities that would interest the membership of District Three? Any member wishing to submit information or advertisements to be published in the *District 3 News* should contact Renee James at 817-249-5071 or by e-mail at tna3@usapathway.com by the 15th day of the month prior to publication.



2009 TNA-3 Calendar of Events

May 2, 2009--Board of Directors Email Meeting

May 21, 2009--Annual Dinner

6:00PM
Texas Christian University
Kelly Alumni Center
2820 Stadium Drive
Fort Worth, TX

June 6, 2009-- Board of Directors "Wrap-up" Meeting

9:00 – 11:00AM
Texas Health Harris Methodist
Hospital Fort Worth
Education Center Meeting Room

Texas R.N. Pins Available

Order **Texas Registered Nurse Pins**. **Every RN** can wear this pin with pride. These pins make great gifts for your nurse friends and co-workers. Pins are available at all TNA-3 events, available for purchase on our website www.tna3.org, Or they may be purchased by mail, using the order form below.

Size: 7/8" Texas Shaped Pin

Color: Two tone gold.



Description: RN & outside edge raised & polished with sandblasted background.

Cost: \$8.00 each

Please return this order form with your payment to:
TNA-3, PO Box 16958, Fort Worth, TX 76162

Enclosed is \$ _____ for _____ Texas RN Pin(s).

Name: _____ Daytime Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

MOCK TRIAL

Early on Saturday morning in the brightly lit Operating Room of 'Any Hospital' in 'Any Town' Texas, Mr. Doe was sedated and ready for hernia repair surgery. The consent was signed; the surgeon was present and Nurse Marty attempted to implement the universal protocol, but to minimal participation by the OR team.

The surgeon prepared for the cut, but suddenly realized there was no hernia. She lifted the covers and discovered the hernia was on the other side. The patient had to be re-prepped. This extended the procedure and caused Mr. Doe to be under anesthesia longer than anticipated.

There was also the issue of removed tissue being labeled with the wrong patient name prior to being sent to pathology.

Perhaps due to the extended anesthesia, Mr. Doe coded on his way to the recovery room. Mrs. Doe ended up suing for negligence.

Nurse Marty, the circulating nurse was put on the stand and cross-examined during the trial. The jury found her unanimously guilty of negligence. Nurse Marty reported on cross-examination that she belonged to no Professional Nursing Organization, she had not sought certification in her practice specialty area, and she did not subscribe to or read professional journals or take continued education credits related to her specialty. When she received less than optimal participation in Universal Protocol she failed to protect Mr. Doe, a vulnerable patient in her care by not demanding time-out to promote safe surgery.

Court was adjourned and Nurse Marty was left to contemplate how her life would be changed by this experience.

TNA 3 would like to thank the cast of characters; Jeff Woods, Joanne Onstott, Michelle Marty, Virginia Campbell and of course, Mr. Doe.

Thanks also to Jeanette Anderson, Nurse Entrepreneur, who provided the jury members (audience) with information on how nurses can protect themselves in litigious circumstances. Jeff Woods provided information of Universal Protocol and Virginia Campbell presented on Board of Nursing processes.

Reduce, Reuse, Recycle..... District 3 is going Green.

Remember, in the interest of conservation district three has shifted toward email as the favored delivery method for our newsletter. The US Postal Service delivery of the *District 3 News* has discontinued, for all members who currently have an email address on file with TNA. Many of you have received the newsletter by this method for quite some time, and know the convenience of having your newsletter available at a moments notice. The Newsletter email can also be easily forwarded to nurse friends and co-workers, who may be interested in TNA, District 3. Members, who **do not** currently have an email address on file with TNA, will continue to receive the *District 3 News* by the US Postal Service delivery. Members who wish to update their contact information and/or request a specific delivery option may do so by notifying the district office by email at tna3@usapathway.com or by returning the form below. Please help us in making this endeavor a success!

Information Update

Please use this form to indicate any changes in your contact information.

Name: _____ Address: _____

City _____ State: _____ Zip: _____

Home# _____ Work# _____ Cell# _____

Email #1: _____ Email #2 _____

Please send my District 3 Newsletter via _____ email _____ U S Postal Service

Return to TNA, District 3; PO Box 16958; Ft Worth, TX 76162

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