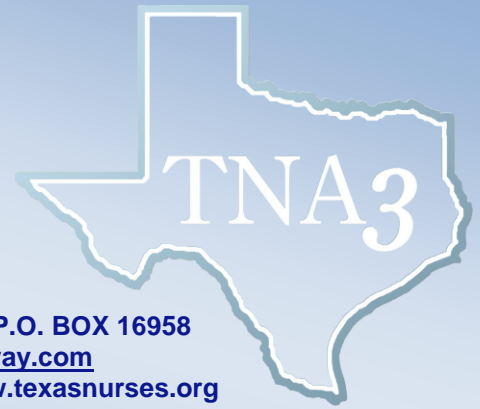


DISTRICT 3 NEWS

PARKER * SOMERVELL * TARRANT

PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION * P.O. BOX 16958
Fort Worth, TX 76162 * 817-249-5071 * tna3@usapathway.com
District Website: <http://www.tna3.org> * State Website: <http://www.texasnurses.org>



March / April 2011

District Three Board Members 2010-2011

President
Lygia Dunsworth
tna3@usapathway.com

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Renee James
Office: 817-249-5071
tna3@usapathway.com

Mission Statement

Promote excellence in nursing by delivering pertinent tools for nurses to achieve

- ✓ Quality Patient Care
- ✓ Full Professional Potential
- ✓ Career Satisfaction

Vision Statement

Satisfied nurses caring for satisfied patients

President's Message



Dear Colleagues,

Well, haven't we all been extraordinarily busy lately?

The storms of February tested our healthcare organizations' plans and ability to handle influxes of patients while testing the stamina and patience of nurses and other healthcare providers.

One hundred nurses in our District and District 4 received letters in the mail that will cause them to carry their heads just a little higher for the rest of their lives. Now we have the opportunity to publicly recognize each of those "Great" 100; both at the Great 100 Nurse Celebration on April 27th and at TNA-3's Annual Awards Banquet on May 19th. We hope to see strong District3 representation in the audience and on the stage at both events.

I started March by participating in my first, "Nurses' Day at the Capitol." If you have never been, you don't know what you are missing. The GAC did an outstanding job of organizing the event. The experience was humbling, educational and action oriented. I never dreamed I would have the opportunity to walk into a Senator's office with an appointment and a mission in support of Nursing! I'm energized. Talking to people who are responsible for making decisions, about our support of providing nurses who practice in government associated facilities having the same protections to promote patient safety, those of us who work in the private sector have; deterring workplace violence in healthcare organizations, and a host of other important issues. The networking with other nurses from around the state was priceless.

Another piece of exciting news---Our very own Margie Dorman-O'Donnell is the newly elected President for TNA and Tammy Eades, Board of Director of TNA3, was elected as the TNA North Region Director!

We each get out of Nursing, what we put into it.
Hope to see each of you soon,

Lygia Dunsworth, BSN, RN
President, TNA3

THANK YOU, SPONSORS



Texas Nurses Association, District Three is very grateful to each of the organizations who sponsor our district meetings. We would like to extend our gratitude to each of the organizations that will be hosting our meetings

Texas Health Harris Methodist Fort Worth
Texas Health Harris Methodist Hospital Hurst-Euless-Bedford
Texas Health Harris Methodist Hospital Cleburne

We would also like to extend our appreciation to
Texas Health Harris Methodist Fort Worth
for providing our Continuing Education Credits.

And each of our
Continuing Education Program Sponsors

Gold Sponsor
Methodist Mansfield Medical Center

Silver Sponsors
Baylor All Saints Medical Centers
Huguley Memorial Medical Center

Bronze Sponsors
Cook Children's Medical Center
Texas Health Harris Methodist Southwest



March 7-8, 2011

Nurse Day at the Capitol 2011

Tammy Eades, MSN, RN

Wow!!!! What an exciting time we had at Nurse Day at the Capitol in Austin, Texas. If you get the opportunity, you must participate in the next Nurse Capitol Day. It is packed full of legislation and nursing news.

We started the afternoon off with a well attended session from Joe Gagen. Joe did a very informative presentation on "Essentials of Effective Legislative Advocacy." He gave us great pointers on how to "Tell Our Story, Have a good Time, and Follow up from your visit" with your Senator and Representative. Joe was very entertaining and we learned many new things.

We then broke for a quick tasty snack and visited among new and old friends. It was a great social networking opportunity. There was a mixture of attendees-from nursing students to retired nurses-from all parts of Texas. It was a Nursing atmosphere.

Our next session was Nurse Day at the Capitol Orientation presented by the GAC & NLAC. Here, we learned a little about each of the bills that were being presented in the House and Senate. See a list of HB and SB of interest this session to the side.

Capitol Day was invigorating. We met with our appropriate Senators and District Representatives and gave our best input for their vote on certain HBs and SBs. The staff listened with great interest and assured us they understood our concerns and gave support.

In the House chamber, Reps Donna Howard and Susan King announced Nurse Day at the Capitol and recognized Nurses in the gallery. In the Senate, Sen. Jane Nelson introduced a Resolution declaring March 8th as Nurse Day at the Capitol and recognized Nurses in the gallery. There was thunderous applause in response.

..



*Diane Wright, Tammy Eades,
Lygia Dunsworth & Jeanette Anderson*

Nurse Day at the Capitol 2011

2011 Nursing Legislative Agenda

- SB192/HB 84-Patient Advocacy Protections for Nurses
- HB708- Prescriptive Authority for Advanced Practice Registered Nurses
- SB1/SB794/HB1662- Nursing Education Funding
- SB295/HB 703- Violence Against Nurses in the Workplace
- SB193/HB1663- Nursing Regulatory Environment
- HB2092- Self-Directed, Semi-Independent Status for BON

NURSE AUTHORS NEEDED

Do you have a clinical or professional nursing topic that you would like to share with other nurses? Are you a senior undergraduate student or a graduate student who has a term paper or project that you believe is worthy of publication? Are you a RN striving for promotion or tenure in which being published is an item for consideration? Then.....here is an opportunity for you to share your knowledge and perspectives. TNA, District 3 will be providing one-hour continuing education programs on our website. This is a peer reviewed article. We invite you to submit a 3,500 word manuscript to the TNA, District 3 Continuing Education Committee for consideration for publication. Continuing Education Author guidelines are available on the TNA, District 3 website www.tna3.org. Please submit your CE articles for consideration to Renee James, Executive Secretary at tna3@usapathway.com.

Texas Nurses Association, District 3

2011 Annual Awards Banquet



Honoring:
Scholarship Recipients
TNA-3 Award Recipients
Board of Directors
Great 100 Nurses from District Three

Please join us at the Kelly Alumni Center on the campus of Texas Christian University as we celebrate the nurses of District Three.

Date: Thursday, May 19, 2011
Time: 6:00 PM
Place: TCU Kelly Alumni Center
2820 Stadium Drive
Fort Worth, TX 76129

Dinner Reservations: \$35.00 per person
Reservations are required by **May 6, 2011**.

Reservations can be made online at http://shop.tna3.org/Events-and-Raffles_c2.htm or by mailing the reservation form to the TNA, district 3 office. For more information, please contact the district office at tna3@usapathway.com or 817-249-5071.

2011 Annual Dinner Reservation Form

\$35.00 per person

Name: _____ Enclosed: \$ _____ for _____ dinners

Address: _____ City: _____ Zip: _____

Email: _____ Phone: _____

Please make checks payable to TNA, District 3.
Return reservation form & payment to
TNA-3, PO Box 16958, Fort Worth, TX 76162

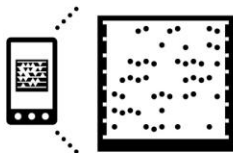
Cancellation policy: Cancellations received in writing at least 14 days prior to the event date will be refunded in full minus the cost of any fees incurred by TNA-3. Cancellations or transfers received after this time will be refunded minus a \$15 processing fee and the cost of any fees incurred by TNA-3. No refunds will be made after the program begins.

Nurses shine here.

With good reason.



Nurses at Methodist Mansfield Medical Center have a brighter outlook. Here's why. We rank among the top 10% in the nation for outstanding patient experience, according to HealthGrades®, the nation's leading independent health care rating organization. And, we provide an extremely generous benefits package that includes 100% medical coverage at Methodist hospitals. It's no wonder we've been named a Best Place to Work by the *Dallas Business Journal* for seven years in a row. If you're looking for good reasons to make a move, come join our team.



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Apply at jobs.MethodistHealthSystem.org
or scan the tag to begin searching now.



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2700 E. Broad St.
Mansfield, TX 76063



EEO/M/F/D/V

TNA-3 Election Notice

District 3 Members:

Again this year, you will have the option of voting either online or by mailed paper ballot. All members, who have an email address on file with the district 3 office, will receive an online ballot notice by email. Members will review the Biographical Data for each candidate and use the ballot link to cast his/her vote. All members who do not have an email address on file with the district 3 office will receive a traditional paper ballot by mail. Any member who would prefer to cast a ballot by using a mailed paper ballot can request one by contacting the district 3 office. Any member requesting to vote via mailed paper ballot will be removed from the internet ballot list, and will be denied access to the internet ballot.

Once you receive your Ballot information, please take a moment to look over this information and vote for the candidate(s) that you feel will best serve TNA, District 3. Ballots must be submitted to TNA, District 3 on or before April 20, 2011.

Mary Alice Stam
Nominating Committee Chair

TNA-3 Office
tna3@usapathway.com
Ph:817/249-5071

TNA District 3 Welcomes our New Members

Bonnie Campbell
Jayne Cummins
Alice Dometiza-Hoffman
Susan Hall-Jones
Juanita Hernandez

Thomas Langham
Stephanie Siden
Stephanie Streun
Elizabeth Thairu
Christy Wallace
Christina Watkins



We're glad you're here.
We look forward to
visiting with you at
meetings and events.

Every Can Counts—Food Drive



The **2011 Every Can Counts Food Drive** began on January 1, 2011 and will continue until April 30, 2011. Currently, Cook Children's Medical Center, Baylor All Saints Medical Center and Baylor Southwest Medical Center, Texas Christian University, and Palo Pinto General Hospital are participating with us in this endeavor. Our mission is to help replenish the local food banks after the holidays. We are collecting donations for Erath, Hood, Johnson, Palo Pinto, Parker, Somervall, and Tarrant Counties.

This is an excellent opportunity to touch the lives of many, as well as to make a positive impact on our communities. We are asking area hospitals, nursing schools and our membership to partner with us to collect canned food for our community food banks. We are asking you to challenge your employees, students, faculty, and colleagues to bring at least 1 can of non-perishable food per employee each week during our canned food drive. I hope you will join us in this effort to help those less fortunate than we are. The food collected can be given to your local food bank or to the Tarrant County Food Bank.

Did you know?

- Texas' household food insecurity rate is 16.3% (the national average is 12.2%)
- 1 in 4 children suffer from food insecurity or hunger (the national average is 1 in 5)
- 41% of Texas Food Bank Network clients report choosing between paying for food or paying for utilities or heating fuel.
- 33% of Texas Food Bank Network clients had to choose between paying for food and paying for medicine or medical care.

If you or your organization is interested in participating in this worthy cause, please contact me at tna3@usapathway.com or napier043@aol.com

Thank You,
Shakyryn Napier MSN, BSN
Community Service Committee
Texas Nurses Association District 3



Announcing
The 2010 Great 100 Nurses
Wednesday, April 27, 2011

YOU ARE CORDIALLY INVITED TO ATTEND:

Texas Nurses Association, Districts Three and Four and the Dallas-Fort Worth Nurse Executives proudly announce the **twentieth** annual "Great One-Hundred Nurses of 2010" and would cordially request the honor of your presence at this gala event.

Wednesday, April 27, 2011
Morton H. Meyerson Symphony Center
2301 Flora, Dallas, Texas 75201

6:30 PM -- 7:30 PM	Cocktail Hour with cash bar
7:30 PM-- 8:30 PM	Awards Program
8:30 PM-- 10:00 PM	Reception

This event will honor one hundred nurses in the Dallas-Fort Worth area who exemplify excellence in the art and science of nursing. The "Great 100" is unique in that honorees do not have to belong to a particular professional organization or practice in a particular clinical specialty. All proceeds from the event will provide funds for scholarship for area nursing students.

There are many registered nurses in the metroplex who make a significant contribution to health care in the area, and we hope that you will accept our invitation and help us honor those outstanding nurses whose courage, compassion, and commitment makes a difference in the community.

Congratulations

2011 Great 100 Nurses

Melissa Alvarado, Denton Regional Medical Center
Margie Amity, Baylor Regional Medical Center at Grapevine
Cortney Asberry, Baylor All Saints Medical Center
Althea Aubrey, Methodist Dallas Medical Center
Lynn Benjamin, Medical Center of Lewisville
Kathy Birt, Baylor University Medical Center at Dallas
Angie Branch, North Hills Hospital
Debra Brosz, Texas Health Presbyterian Hospital Dallas
Stacey Brown, Denton Regional Medical Center
Parvaneh Barron, UT Southwestern Medical Center-St. Paul
Diana "Beth" Buron, Baylor Regional Medical Center at Grapevine
Thomas C. Button, Parkland Health & Hospital System
Brenda Calbow, Brookdale Senior Living
Virginia Milam Campbell, Baylor All Saints Medical Center
Sharon Bennett Canclini, Texas Christian University College of Nursing
Malinda Cannon, Arlington Independent School District
Sally Carmen, North Hills Hospital
Shelli Castellanos, Texas Health Presbyterian Hospital Plano
Joan Clark, Texas Health Resources
Judy C. Clark, Baylor All Saints Medical Center
Yvonne Collett, Texas Health Harris Methodist Hospital HEB
Audrey Cox, Baylor Medical Center Southwest Fort Worth
Laura Craig, Texas Health Harris Methodist Fort Worth
Jennifer J. Crum, Methodist Mansfield Medical Center
Lynette Cummins, Methodist Mansfield Medical Center
Sherry Cusumano, Green Oaks Hospital
Patricia Davenport, Texas Health Harris Methodist Hospital HEB
Mary Davis, Texas Health Presbyterian Hospital Dallas
May Dean, Texas Health Arlington Memorial Hospital
Ronda Dillard, Texas Health Cleburne
Camry Dishman, Methodist Mansfield Medical Center
Kathy Drescher, Medical City Dallas Children's Hospital
Deb Duer, Baylor Regional Medical Center at Grapevine
Christy Escandon, Medical City Dallas Children's Hospital
Sharon Evans, Cook Children's Medical Center
Patricia J. Fjordbak, Texas Health Harris Methodist Hospital HEB
Lydia Fletcher, Baylor University Medical Center Dallas
Melissa Furay, Green Oaks Hospital
Brenda Green, Baylor Regional Medical Center at Grapevine
Rosemary Griffin, The Medical Center of Plano
Carol Ann Hague, Methodist Mansfield Medical Center
Amy Hall, Medical City Dallas Children's Hospital
Shonna Hansen, Texas Health Presbyterian Hospital Rockwall
Melissa Hernandez, Texas Health Harris Methodist Fort Worth
Mary Hinsey, Baylor All Saints Medical Center
Gretchen Hunt, Texas Health Harris Methodist Southwest Fort Worth
Judy Joiner, Baylor University Medical Center Dallas
Kecia Kelly, Baylor All Saints Medical Center
Angelle Kolle, Texas Health Harris Methodist HEB
Dara Lankford, Baylor All Saints Medical Center

Eve Linam, Texas Scottish Rite Hospital for Children
Michael Lopez, Las Colinas Medical Center
Shae McBride, Denton Regional Medical Center
Tracie McCall, Baylor All Saints Medical Center
Robin McDaniel, Arlington Independent School District
Tracy McGaw, UT Southwestern Medical Center Dallas
Kristin Mack, The Medical Center of Plano
Rose Messer, North Hills Hospital
Katie Mosteller, Methodist Mansfield Medical Center
Keith Murray, Medical City Dallas Hospital
Nilsy Odicio, Texas Health Harris Methodist Southwest Fort Worth
Jakki Opollo, Medical City Dallas Hospital
Tonya Pena, Methodist Mansfield Medical Center
Suzanne Myers-Phariss, Texas Health Presbyterian Hospital Rockwall
Cheri Phillips, Baylor University Medical Center at Irving
Rebecca Phillips, Baylor Regional Medical Center at Grapevine
Jana Picton, Huguley Memorial Medical Center
Michelle Pinker, Our Children's House at Baylor
Jeffrey Place, Baylor University Medical Center Dallas
Amy Poso, Baylor All Saints Medical Center
Gail Potter, Texas Health Harris Methodist Hospital HEB
Stephen Joseph Pottoore, Children's Medical Center of Dallas
Lisa Powell, Methodist Charlton Medical Center
Nancy Reed, Texas Health Presbyterian Hospital Dallas
Janice R. Richardson, Texas Health Arlington Memorial Hospital
Jill Robinson, Baylor Regional Medical Center at Grapevine
Nora Robinson, Baylor All Saints Medical Center
Julia Roden, Baylor All Saints Medical Center
Christine Russe, Texas Health Presbyterian Hospital at Plano
Cristina Saldivar, Methodist Mansfield Medical Center
Theresa Sartin, Baylor University Medical Center Dallas
Darinka Savor, Medical City Dallas Hospital
Veronica Schaedler, Texas Health Presbyterian Hospital at Plano
Susan Scott, Baylor All Saints Medical Center
Sonya Sharkey, Medical City Dallas Hospital
Sheila Shaw, Texas Health Presbyterian Hospital at Rockwall
Tracey Smithson, North Hills Hospital
Cheryl Staats, Arlington Independent School District
Nicole Souza, Baylor Regional Medical Center at Grapevine
Trudi Stafford, Baylor All Saints Medical Center
Linda Stigler, Texas Health Harris Methodist HEB Hospital
Sandra Sullivan, Baylor Regional Medical Center at Grapevine
Cinda Sublette, Texas Health Harris Methodist Hospital Fort Worth
Jan Tichenor, Medical City Dallas Hospital
Andrea Wegman, North Hills Hospital
Marcia Williams, Texas Health Harris Methodist Hospital Fort Worth
Joyce Winbush, Medical City Dallas Hospital
Sharon Winn, Texas Health Harris Methodist Hospital HEB
Vicki Wiseman, Methodist Mansfield Medical Center
Stacy Zancana, Baylor Regional Medical Center at Plano

District Three's Annual Awards To Be Presented at the Annual Awards Banquet May 19, 2011

YOU have the opportunity to nominate three of District Three's many outstanding nurses for one of three awards this year.

It is time to nominate nurses from District Three for the 2011 Membership Awards. These awards include **2011 Nurses of the Year, Active Member of TNA, and Rookie Award.**

Criteria for these awards have been set by the Membership Committee:

2011 Nurse of the Year

- Active Member of District Three for 5 years or more.
- Influenced nursing through clinical practice, teaching, and/or administration.
- Actively participates in continuing education.
- Has made a contribution to the profession of nursing at the local, state or national level within the past three years.
- Has established good relations with co-workers and associates.
- Actively involved in community organizations and activities.

Active Member Award

- Active member of District Three for 5 years or less.
- Member of a committee and actively participates
- Good attendance at monthly meetings and shows strong support of the organization.

Rookie Award

- First year member who has shown involvement in District Three.
- Member of a committee.
- Good attendance at monthly meetings and shows strong support of the organization.

Nomination Forms are available for download at the TNA, District 3 website or can be mailed to you upon request. All nomination forms must be postmarked NO LATER than Friday, April 15, 2011

Scholarships Available

The deadline returning a completed application is **April 4, 2011**

TNA- District 3 recognizes the need to support all levels of professional nursing students. It is our belief that a scholarship can make a positive impact in the life of a student nurse, whether they are an ADN, BSN, or a graduate student. This year, District 3 will be offering two scholarships for nursing students who are currently enrolled in a program for registered nurses within the TNA District 3 area. The scholarships available are the Academic Scholarship for \$500 and the Monika Dewar Memorial Scholarship for \$500.

Scholarship Applications are available on the district website (www.tna3.org), or by contacting the District 3 office by phone or via email.

Again this year the No Gala-Gala Event will be the **ONLY** fundraising event in which 100% of the proceeds will go to support the scholarship fund. You can contribute to the No Gala-Gala online or by mailing your donation to the district 3 office. If you would like to make additional contributions to support either the Academic Scholarship or the Monika Dewar Memorial Scholarship you may designate your funds. In this time of economic stress any support that can be provided to nursing students is a welcomed relief. Thank you for your continuing support of TNA District 3 and the scholarship funds.

Rebecca Personett
Diane Wright
Scholarship Committee



Texas Nurses Association, District 3
& Texas Health Harris Methodist Hospital Fort Worth Education Center
present

Social Networking and Professional Boundaries Workshop

3.0 Contact Hours

In this booming technological age, the boundaries of professionalism can become blurred as we engage in blogging, Facebook posting, and Twittering. Most people own a phone with a camera; videos appear on YouTube at an alarming speed. As professional nurses, we must be aware of our individual responsibilities as well as our responsibilities to the Board of Nursing and our workplaces. This workshop will discuss the responsibility of the nurse pertinent to the Nurse Practice Act in regards to social networking, professional boundaries, legalities, and ethics. Please join us to learn more about the growing concern for professionalism and privacy in the cyber world.

Nurse Communication in the Technology Age: Social Networking and Boundaries

Presented by

Joy Don Baker, PhD, RN-BC, CNE, CNOR, NEA-BC
& **Sarah Jones**, MLS

Legal Considerations for the Professional Nurse in Social Networking

Presented by

Nancy Roper-Willson, RN, JD, MSN, MA
Attorney-at-Law
Assistant Clinical Professor,
University of Texas at Arlington

Saturday, April 16, 2011
8:30 AM—Sign In & Networking
9:00 to 12:15 PM—Workshop begins
Continental Breakfast will be provided

Texas Health
Harris Methodist Fort Worth
Education Center Auditorium
1301 Pennsylvania Ave
Fort Worth, TX 76104

Texas Health Harris Methodist Hospital Fort Worth Education Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

Registration Form

Please return this registration form with your payment to:
TNA-3, PO Box 16958, Fort Worth, TX 76162
Please make checks payable to TNA-3
Online Registration www.tna3.org

Name: _____ TNA Membership # _____

Street Address: _____

City: _____, TX Zip: _____

Daytime Phone: _____ Email Address: _____

Cancellation policy: Cancellations received in writing at least 14 days prior to the event date will be refunded in full minus the cost of any fees incurred by TNA-3. Cancellations or transfers received after this time will be refunded minus a \$25 processing fee and the cost of any fees incurred by TNA-3. No refunds will be made after the program begins.

Registration received by April 12, 2011

- TNA Members.....\$20.00
- Non-members.....\$25.00
- *Students.....\$10.00

Registration received after April 12, 2011 or at the Door

- TNA Members.....\$25.00
- Non-members.....\$30.00
- *Students.....\$10.00

Register Online at
www.tna3.org

*No CE's are given to students at the Student Rate

2011 TNA-3 Calendar of Events

April 4, 2011—Deadline to submit Scholarship Applications to the scholarship committee.

April 15, 2011—TNA, District 3 Award Nominations Due

April 15-16, 2011--House of Delegates

April 16, 2011—Workshop—Online Registration Available!

Social Networking and Professional Boundaries
8:30am—Sign-in
9:00am-12:15pm—Program
Texas Health Harris Methodist Fort Worth
Education Center Auditorium

April 20, 2011—TNA, District 3 Election Ballots Due

April 27, 2011--Great 100 Nurse Celebration

Meyerson Symphony Center
Dallas, TX

May 19, 2011--Annual Dinner

6:00 PM
TCU Kelly Alumni Center
2820 Stadium Drive
Fort Worth, TX 76129

***Meeting broadcast to additional meeting locations** including: Texas Health Harris Methodist Cleburne & Texas Health Harris Methodist Hurst-Euless-Bedford. Check flyer for additional locations.



Don't forget to check the website, for the latest TNA-3 information

The following items can now be found on the website

<http://www.tna3.org>

- * Order Texas RN Pins & Lanyards online
- * Contribute to No Gala Gala –Scholarship Fund
- * Download Workshop Flyer
- * TNA Membership Application
- * Calendar of Events
- * Scholarship Application
- * Make Annual Dinner Reservations online
- * TNA-3 Award Nomination Forms

NL Join us in the
Nurses Lounge

facebook

Texas R.N. Pins & TNA-3 Lanyards Available

Order Texas Registered Nurse Pins & TNA-3 Lanyards online at <http://tna3.org>.



Description: RN & outside edge raised & polished with sandblasted background.

Cost: \$8.00 each



Description: Navy Blue Lanyard with white TNA-3 Logo.

Cost: \$2.00 each

Newsletter Postings & Advertisements

Do you know an outstanding nurse, who is a member of TNA, District Three? Do you have pertinent nursing information that needs to be shared with the district? Do you know of upcoming nursing events & CE opportunities that would interest the membership of District Three? Any member wishing to submit information or advertisements to be published in the *District 3 News* should contact Renee James at 817-249-5071 or by e-mail at tna3@usapathway by the 15th day of the month prior to publication.



Newsletter Delivery Notice

Reduce, Reuse, Recycle.... District 3 is going Green.
In the interest of conservation, TNA District 3 is now delivering your *District 3 News* via email delivery or website download only. If you would like to be added to our email distribution list, please contact the TNA-3 office by email at tna3@usapathway.com. Thank you for making this endeavor a success!

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