

DISTRICT 3 NEWS

PARKER * SOMERVELL * TARRANT

PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION * P.O. BOX 16958
Fort Worth, TX 76162 * 817-249-5071 * tna3@usapathway.com
District Website: <http://www.tna3.org> * State Website: <http://www.texasnurses.org>



May 2011

District Three Board Members 2010-2011

President
Lygia Dunsworth
tna3@usapathway.com

President Elect
Dennis Cheek

Vice President
Julie Withaeger

Secretary
Shakyryn Napier

Treasurer
Virginia Campbell

Directors
Carolyn Cagle
Denise Cauble
Tammy Eades
Rebecca Personett
Diane Wright

Executive Secretary
Renee James
Office: 817-249-5071
tna3@usapathway.com

Mission Statement

Promote excellence in nursing by delivering pertinent tools for nurses to achieve

- ✓ Quality Patient Care
- ✓ Full Professional Potential
- ✓ Career Satisfaction

Vision Statement

Satisfied nurses caring for satisfied patients

President's Message



Dear District 3 Members,

As my time as President of TNA3 comes to an end and I move into the position of Past President, I am comforted and excited about the new leadership of the organization to which I will turn over the reigns.

As I have written to you all over the past two years, I have discussed the political impact afforded to TNA3 members through our active organization. I have used this forum to thank the many nurses who have helped to shape my career as a Professional Nurse and encouraged each of you to take a moment to thank your own mentors. There have been articles to detail the excitement of rewarding outstanding nurses in our communities and to be involved in community service activities.

In this note, I want to thank each of you for giving me the opportunity to serve you. Every moment I have spent on the Board of Directors of TNA3 has been a growth experience. I have been blessed to work with you in community service, nursing scholarship, legislation, networking and, hopefully, influencing nursing students; our future nurses.

Please consider this message as my official, "Thank you," note to each of you for your commitment to the Nursing Profession and the growth of the Profession in our area. Everyone of you who have participated in canned food drives, gone to Nurses' Day at the Capitol, provided CE presentations, broadcasted satellite programs, financially supported the organization, provided meeting venues and food, run for Board of Director positions and served on committees, discussed the benefits of Professional Nursing organization affiliation, run for Board of Director positions at the TNA State level, promoted Nursing Scholarship, and all the other wonderful contributions, have caused our organization to grow in membership, visibility, and contribution to the community and to the patients we serve.

As always, we get from the Profession, what we put into it. Be active and reap the rewards! As I have learned; each of us has the ability to make a difference. Thank you!

Lygia Dunsworth-President, TNA3

THANK YOU, SPONSORS

Texas Nurses Association, District Three is very grateful to each of the organizations who sponsor our district meetings. We would like to extend our gratitude to each of the organizations that will be hosting our meetings

Texas Health Harris Methodist Fort Worth
Texas Health Harris Methodist Hospital Hurst-Euless-Bedford
Texas Health Harris Methodist Hospital Cleburne

We would also like to extend our appreciation to
Texas Health Harris Methodist Fort Worth
for providing our Continuing Education Credits.

And each of our
Continuing Education Program Sponsors



Gold Sponsor
Methodist Mansfield Medical Center

Silver Sponsors
Baylor All Saints Medical Centers
Huguley Memorial Medical Center

Bronze Sponsors
Cook Children's Medical Center
Texas Health Harris Methodist Southwest

.... a note from

HOUSE OF DELEGATES

Recently, I had the privilege of representing the District at the Texas Nurses Association House of Delegates (TNA HOD) held in Austin April 15-16. Sharon Ransom and Margie Dorman-O'Donnell also attended the meeting. Our presence, plus two proxy votes, allowed us to contribute and gain significant information about the status of nursing in Texas, role of TNA in fostering that status, and ways District 3 can excel in the coming months as part of TNA.

President Susy Sportsman, the current President presided over the meeting. The focus of the meeting was the response to the IOM, "Future of Nursing Report". Dr. Alexia Green provided an update on the "Texas Team-Advancing Health Through Nursing". The exciting part of this is that Texas Nurse Association is collaborating with Blue Cross Blue Shield of Texas in this campaign. You can go to <http://thefutureofnursing.org> for additional information and additional information about how to become involved. Friday evening individual districts shared their highlights and challenges of the year, including issues related to retention and recruitment for most districts. I had the privilege of introducing the district with the current Rose Bowl Champions. Many districts have used technology (Face Book, Nurses Lounge, and teleconferencing) and membership options such as connecting district membership with "Texas direct" membership to gain new members. Later TNA staff notified delegates that there are currently 4,976 members who belong to TNA.

Saturday morning significant informal conversation occurred on proposed TNA By-laws changes and previously circulated resolutions. Opportunities for HOD conversation clarified both by-laws and resolution topics to allow fairly seamless approval of both in the formal HOD meeting Saturday afternoon. Those HOD approved by-laws and resolutions will appear in the next *Texas Nursing* as will an update on 2010-2011 activities from TNA's Executive Director, Clair Jordan, who was unable to attend the HOD. I encourage you to closely examine the by-laws changes and the resolutions (6 in total) that illustrate the commitment of TNA to nurses and nursing priorities.

One of the most powerful aspects of the HOD, for me, is the honoring of Districts who have increased their membership size, members recently elected in the TNA balloting process, and others who have illustrated the vision of TNA. This HOD recognized members who participated in the 2011 Member-Get-A-Member campaign. At this House of Delegates, TNA held a drawing for members responsible for recruiting new members. Although Lygia Dunsworth did not win the iPad, she did get the 2nd prize and I had the privilege of going to podium to receive her award. You will have to ask Lygia what was in the envelope. Several North Region members of TNA were recently elected to serve in a State Level Office. Margie Dorman O'Donnell will be our next TNA President, Tammy Eades will serve as our North Region Director, and June Marshall (TNA, Dist. 4) will serve the North Region on the Nominating Committee.

This year's luncheon keynote speaker was Dr. Karen Daley, ANA President, who spoke on "Empowering Nurses: A New ANA President's Perspective". I would highly encourage, if provided the opportunity to hear her, she shared her ongoing struggle post-needle stick and accompanying sero-conversion for hepatitis C and HIV. This aspect of the HOD energized everyone! Those of us from District 3 conversed about ways we could increase awareness of our community about this issue and influence on patient safety and quality. Shortly after, delegates returned to the formal HOD to hear reports from major TNA committees and render decisions on by-laws and resolutions.

I appreciate the opportunity to serve the District and encourage other District members to become part of this experience. If you should have any questions or comments, please do not hesitate in contacting myself or TNA District 3 office.

Dennis J. Cheek---President Elect, TNA District # 3



TNA District 3 Welcomes our New Members

Junbum Ahn
Tambra Allen
Erick Arellano
Susan Broyles
Hellen Crain
Michelle DeBruyn
Deborah Fuller
Michelle Hampton

Jamie Harrington
Cassandra Johnson
Mary Jones
Michelle Kraye
Kathleen Novocin
Barbara Obot
Olasimbo Odutayo

Cherl Phillips
Susan Reese
Linda Reeves
Antwoin Smith
Virda Swales
Kimberly Williams
Felicia Zimmerman

We're glad you're here.

We look forward to visiting with you at meetings and events.

Texas Nurses Association, District 3



2011 Annual Awards Banquet

Honoring:

Scholarship Recipients
TNA-3 Award Recipients
Board of Directors
Great 100 Nurses from District Three

Please join us at the Kelly Alumni Center on the campus of Texas Christian University as we celebrate the nurses of District Three.

Date: Thursday, May 19, 2011

Time: 6:00 PM

Place: TCU Kelly Alumni Center
2820 Stadium Drive
Fort Worth, TX 76129

Reservations can be made online <http://shop.tna3.org/2011-Annual-Awards-Banquet-Reservation-00007.htm> or by mailing the reservation form to the TNA, district 3 office. For more information, please contact the district office at tna3@usapathway.com or 817-249-5071.

The History of Nursing and District #3 Texas Nurses Association

My wish is that we document our history as a District. Be careful what you wish for! I had probably said this aloud several times, and someone was listening. The TNA District #3 Board recently asked if I would take on the role of Historian. The answer was "Yes, but only with lots of help." And I do need the help of all District #3 members.

It's amazing how we are sure that we will remember what happened today or yesterday; but, somehow, those memories begin to fade. New things occur. Keeping up with our current events, therefore, is important to document - just as it is important to document our past.

You can help by sending materials – or copies of materials - such as letters, newspaper articles, Internet articles, District Newsletters, and pictures that are related to nursing and District #3. Please include names and dates on materials, if known. If you've been on a District Committee or on the Board, you may have materials related to the work done that would be of interest.

Please give these or send them to Renee James, Executive Secretary, Texas Nurses Association, District Three, P.O. Box 16958, Fort Worth, TX 76162. Or if you would like for one of us to pick them up, just send an e-mail message to Renee James at tna3@usapathway.com.

As materials are collected, I will attempt to put these in some order. I hope that this will help us in better understanding where we have been in nursing, how nursing and nursing issues reflect what is happening in society, and why we face some of the present-day issues. Most of all, we will have a history of the role that TNA District #3 has played in the development of nursing.

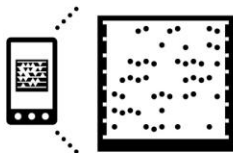
Gail Davis
Member, TNA District #3

Nurses shine here.

With good reason.



Nurses at Methodist Mansfield Medical Center have a brighter outlook. Here's why. We rank among the top 10% in the nation for outstanding patient experience, according to HealthGrades®, the nation's leading independent health care rating organization. And, we provide an extremely generous benefits package that includes 100% medical coverage at Methodist hospitals. It's no wonder we've been named a Best Place to Work by the *Dallas Business Journal* for seven years in a row. If you're looking for good reasons to make a move, come join our team.



Get the free mobile app for your phone
<http://gettag.mobi>

Ready for a career that shines?
Apply at jobs.MethodistHealthSystem.org
or scan the tag to begin searching now.



Where careers shine bright.™

2700 E. Broad St.
Mansfield, TX 76063



EOE/M/F/D/V

50/50 Split Raffle

The 2011 Annual Awards Dinner will be held on Thursday, May 19th, at the TCU Kelly Alumni Center. TNA, District 3 is planning to have the **50/50 Split Raffle** again this year. The prize for **50/50 Split Raffle** is equal to 50% of the total earnings from the sale of the raffle tickets. The winner takes home a CASH prize. The more tickets sold, the bigger the prize! The 50 /50 Split Raffle tickets sell for **\$10.00 each**, and they can be **purchased online at www.tna3.org**. Your friends, family, and co-workers will want to be included in this drawing. All proceeds, from the raffle ticket sales will benefit TNA, District 3.

2004	Sharon Ransom	\$1,000.00
2005	Marinda Allender	\$ 600.00
2006	Mary Alice Stam	\$ 620.00
2007	Martha Artre	\$ 905.00
2008	Mary Alice Stam	\$ 685.00
2009	Margie Dorman-O'Donnell	\$ 485.00
2010	Joanne Onstott	\$ 520.00
2011	Possibly You!!!	\$????

NURSE AUTHORS NEEDED

Do you have a clinical or professional nursing topic that you would like to share with other nurses? Are you a senior undergraduate student or a graduate student who has a term paper or project that you believe is worthy of publication? Are you a RN striving for promotion or tenure in which being published is an item for consideration? Then.....here is an opportunity for you to share your knowledge and perspectives. TNA, District 3 will be providing one-hour continuing education programs on our website. This is a peer reviewed article. We invite you to submit a 3,500 word manuscript to the TNA, District 3 Continuing Education Committee for consideration for publication. Continuing Education Author guidelines are available on the TNA, District 3 website www.tna3.org. Please submit your CE articles for consideration to Renee James, Executive Secretary at tna3@usapathway.com.

Nursing History Trivia Question

In what year and in what city was the Texas Nurses Association organized?

Please send your answer to Gail Davis (gdavis711@gmail.com). The first person to answer correctly will be recognized as the winner in the next Newsletter.

Legend in Nursing



Mildred Hogstel passed away Monday, April 18, 2011. She was the daughter of Ole and Mable Nelson Hogstel of Clifton, Texas. After finishing high school in Clifton, Mildred continued her education at Clifton Junior College, Providence School of Nursing in Waco, Hardin-Simmons University, Baylor University, University of Texas at Austin, and the University of North Texas, where she received her doctorate. After working at Baylor Hospital in Dallas and teaching for a short time at Baylor School of Nursing, she began teaching at the Harris College of Nursing and Health Sciences at Texas Christian University in Fort Worth, Texas ending a 32-year career there in 1994.

Though she taught a variety of courses and always maintained an interest in healthcare policy, her focus throughout her nursing career was on gerontological nursing. She was a supporter of nurses and of TNA District 3, always “there” when needed and contributing in so many ways.

Mildred reminded nurses of the importance of addressing the health issues of an aging population before many were aware of its importance. During the time she taught at TCU, she was also a prolific writer. Among other books, she published her seminal textbook, *Nursing Care of the Older Adult*; she also wrote numerous articles focused on the care of the older adult. She instituted the Hogstel Gerontological Nursing Symposium in 1980, and later the Beta Alpha (Sigma Theta Tau) Gerontological Nursing Research Award, in honor of her mother and father for the primary purposes of educating the healthcare provider and public about improving the care of the older adults and supporting the research needed to do so. She was instrumental in establishing the Abell-Hanger Endowed Professor of Gerontological Nursing at TCU in 1988 and was the first holder of that professorship.

After retirement Mildred continued her academic guest lecturing and writing, but a large part of her time was spent serving on numerous committees at the county level, all targeted at improving the care of the older adult. She was an outstanding role model for nursing and received many awards for her work, including the Lifetime Achievement Award from the National Gerontological Nursing Association in 2002. She also received recognition and many awards for her volunteer work with various Tarrant County agencies that dealt with care for older adults, including the Outstanding Advocate for Older Adults Award from the Area Agency on Aging of Tarrant County in 2007.

Don't forget to check the website, for the latest TNA-3 information

The following items can now be found on the website

<http://www.tna3.org>



- * Contribute to No Gala Gala –Scholarship Fund
- * Make Annual Dinner Reservations online
- * Order Texas RN Pins & Lanyards online
- * Calendar of Events
- * TNA Membership Application

NL Join us in the Nurses Lounge

facebook

Every Can Counts—Food Drive



The **2011 Every Can Counts Food Drive** came to a close on April 30, 2011. TNA, District 3 would like to thank Cook Children's Medical Center, Baylor All Saints Medical Center and Baylor Southwest Medical Center, Texas Christian University, and Palo Pinto General Hospital for participating with us in this endeavor. Together, we collected non-perishable food donations for local food banks. A final count of contributions will be available in the next newsletter.

Thank You,
Shakyryn Napier MSN, BSN
Community Service Committee
Texas Nurses Association District 3

Celebrating the Great 100 Nurses

On April 27 2011, nurses from the Dallas-Fort Worth area gathered together at the Meyerson Symphony Center to celebrate Nursing. On this evening the 2011 Great 100 Nurses were officially honored for their dedication to their profession and their patients. The TNA, District 3 Board of Directors decided to ask some of our very own Great 100 Nurses about their experience as they were honored at the event.



Experience of Great 100 Nurses' Celebration, 2011

What a wonderful experience the DFW Great 100 Nurse Celebration was on April 27th! I was so humbled and honored to be among the 2011 recipients. Over the years, I have nominated numerous nurses and many of these nurses have received the honor. I've had so much fun being in the audience that I felt a little out of place in the recipient's box. The most touching moment was when the daughters of one of the nurses took her place to receive the honor posthumously on behalf of their mother.

The best part about being a receiver of the honor was that I could look at my colleagues, friends, and family out in the audience. My husband Bill and son Drew really enjoyed being rebel rousers and made good use of "poppers" that propelled streamers into the crowd.

Meanwhile, my daughter Ranu and best friend Deb visited quietly while the crowd went wild with noise making. This was an entirely different perspective from past years!

Congratulations to all of the 2011 Great 100 Nurses for DFW! I'm already looking forward to next year's celebration when I'm a part of the crowd cheering on the DFW Great 100 Nurses, 2012.

Virginia M. Campbell, RN
BSN, CNOR, CPN
Baylor All Saints Medical Center



Lifetime Moment

Attending the ceremony and being recognized as a Great 100 nurse was one of those lifetime moments. The auditorium is filled with amazing nurses from all over the Metroplex. Many are nurses I know and have tremendous admiration for. Some are past and some are future Great 100 recipients. All should be recognized for the incredible work they do every day.

The event is a high energy celebration. Those sitting in the audience have whistles, noise makers, banners, and signs. When a nurse from their organization is called to walk across the stage and receive their Great 100 pin the audience lets out cheers that would make

any hometown team proud.

The Great 100 recipients sit together in their own balcony section. The emotions that you feel watching the audience cheer and celebrate are overwhelming. Very few nurses accept gratitude or recognition well, and this was a moment of honor mixed with unease.

To be individually acknowledged and cheered on such a level is outside of our comfort zone. The final emotional moment of the night was when the speaker asked us to stand and then the audience responded with a lengthy standing ovation. Several of us were moved to tears, overwhelmed by the intensity of the celebratory moment.

After all we aren't nurses for the recognition. We are responding to a higher calling.

Gretchen Hunt, MSN, RN, ACNS- BC
Texas Health Southwest



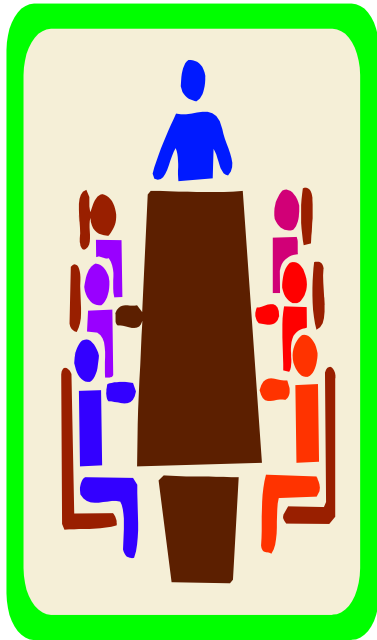
WOW, where to begin!

The Celebration for me was an amazing experience. From the hors d'oeuvres and wine to the moment I walked across the stage I felt very special. Just being nominated and then chosen will always be the highest honor a nurse can receive. This is just one of the many ways God has blessed me throughout my 40 year career in nursing!

Jana Picton RN, FNP
Huguley Memorial Medical Center

TNA, District 3

2011-2012 Board of Directors



President—Dennis Cheek
Past President—Lygia Dunsworth
Vice President—*Tammy Eades
Treasurer—*Antwoin Smith
District Secretary—Shakyryn Napier

Directors thru May 2012
 Carolyn Spence Cagle
 Denise Cauble
 Diane Wright

Directors thru May 2013
 *Mary Robinson
 *Julie Withaeger

Nominating Committee

Mary Alice Stam—Chair
 Nancy Moulton
 Stella Kohn
 Cynthia Plonien
 Antwoin Smith

*House of Delegates thru 2013

Carolyn Spence Cagle
 Michelle Hampton
 Antwoin Smith
 Shawn Tindell

Alternates:

Trudi B. Stafford
 Nancy Moulton
 Kimberly M. Williams

* = Newly Elected

Texas R.N. Pins & TNA-3 Lanyards Available

Order Texas Registered Nurse Pins & TNA-3 Lanyards online at <http://tna3.org>.



Description: RN & outside edge raised & polished with sandblasted background.

Cost: \$8.00 each



Description: Navy Blue Lanyard with white TNA-3 Logo.

Cost: \$2.00 each

Newsletter Postings & Advertisements

Do you know an outstanding nurse, who is a member of TNA, District Three? Do you have pertinent nursing information that needs to be shared with the district? Do you know of upcoming nursing events & CE opportunities that would interest the membership of District Three? Any member wishing to submit information or advertisements to be published in the *District 3 News* should contact Renee James at 817-249-5071 or by e-mail at tna3@usapathway by the 15th day of the month prior to publication.



Newsletter Delivery Notice

Reduce, Reuse, Recycle.... District 3 is going Green.
 In the interest of conservation, TNA District 3 is now delivering your *District 3 News* via email delivery or website download only. If you would like to be added to our email distribution list, please contact the TNA-3 office by email at tna3@usapathway.com. Thank you for making this endeavor a success!

Disclaimer of Endorsement: Reference herein to any specific company, organization, commercial products, process, or service by trade name, trademark, manufacturer, or otherwise, does not necessarily constitute or imply its endorsement, recommendation, or favoring by Texas Nurses Association, District Three. The views and opinions of authors / presenters expressed herein do not necessarily state or reflect those of the Texas Nurses Association, District Three, and shall not be used for advertising or product endorsement purposes. Texas Nurses Association, District Three, and its Board of Directors reserve the right to refuse any article submission or advertisement for any reason.